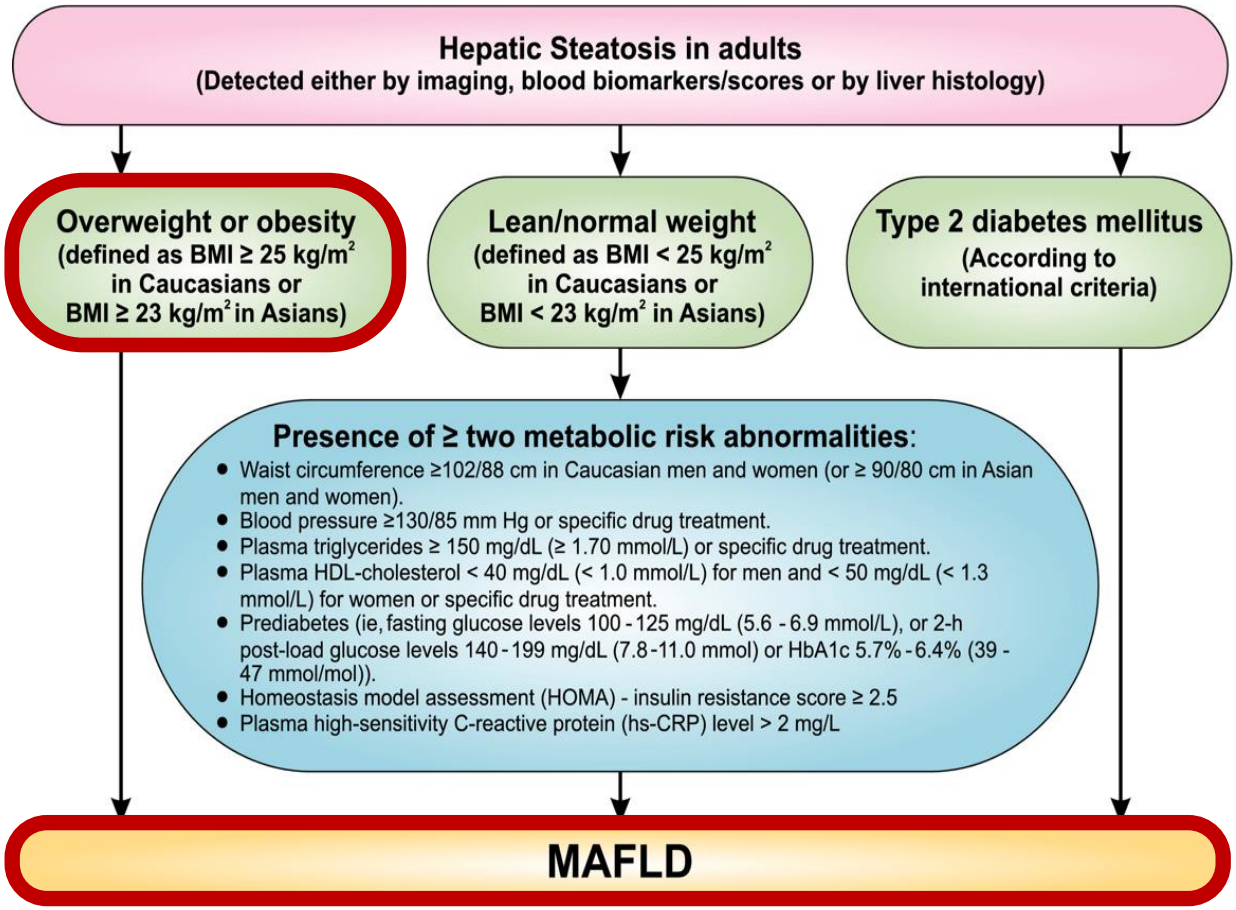
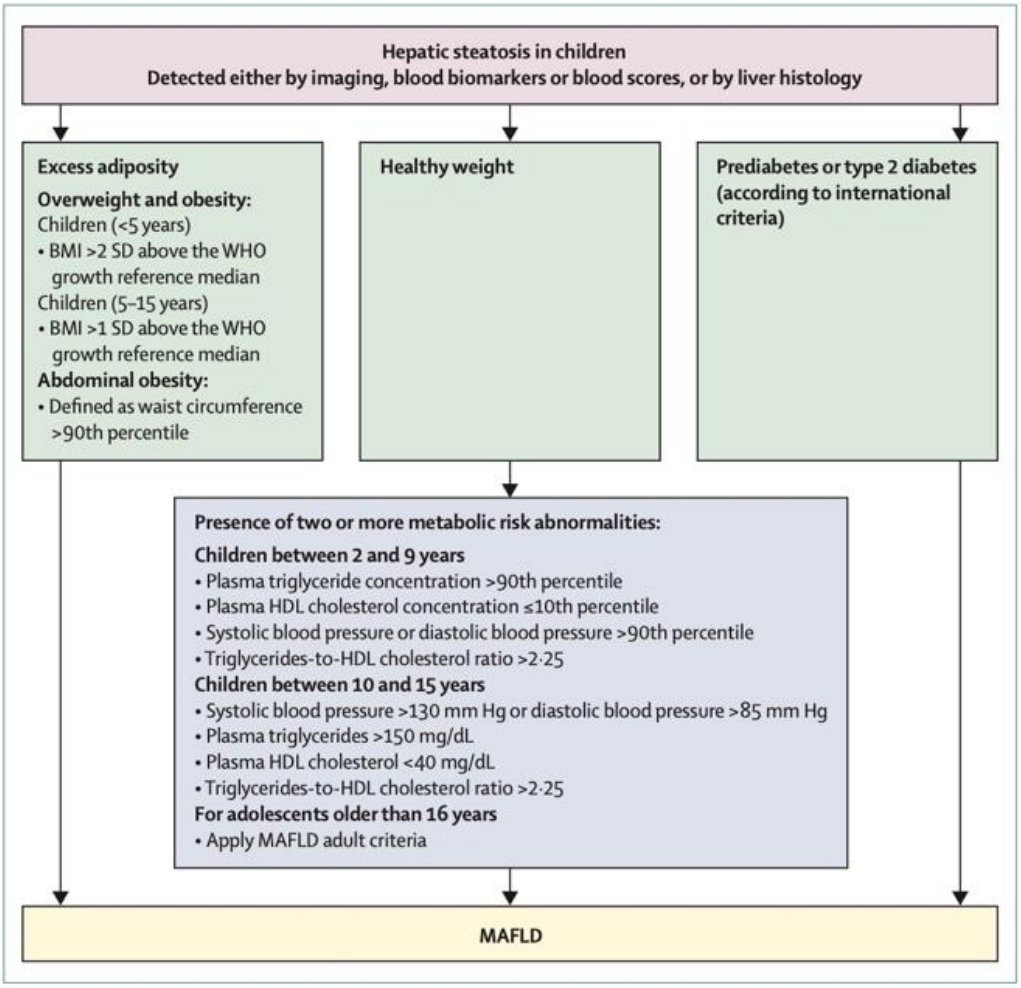
Allegato OAA 6_CRITERI DI IDENTIFICAZONE DELLA MAFLD IN ADULTI E BAMBINI




Hepatic steatosis in children
Detected either by imaging, blood biomarkers or blood scores, or by liver histology
Excess adiposity
Overweight and obesity:
Children (<5 years)
• BMI >2 SD above the WHO growth reference median
Children (5–15 years)
• BMI >1 SD above the WHO growth reference median
Abdominal obesity:
• Defined as waist circumference >90th percentile
Healthy weight
Prediabetes or type 2 diabetes (according to international criteria)
Presence of two or more metabolic risk abnormalities:
Children between 2 and 9 years
• Plasma triglyceride concentration >90th percentile
• Plasma HDL cholesterol concentration ≤10th percentile
• Systolic blood pressure or diastolic blood pressure >90th percentile
• Triglycerides-to-HDL cholesterol ratio >2·25
Children between 10 and 15 years
• Systolic blood pressure >130 mm Hg or diastolic blood pressure >85 mm Hg
• Plasma triglycerides >150 mg/dL
• Plasma HDL cholesterol <40 mg/dL
• Triglycerides-to-HDL cholesterol ratio >2·25
For adolescents older than 16 years
• Apply MAFLD adult criteria
MAFLD