

Infection Prevention & Control

Prof. Benedetta Allegranzi & the IPC Global Unit team SDS/HIS, WHO HQ

20 ottobre 2017, Il convention nazionale dei clinical risk managers

Outline

- The burden of health care-associated infections and antimicrobial resistance
- The role of infection prevention and control (IPC) to reduce this burden in the context of the global health agenda
- IPC implementation in the context of patient safety culture and quality improvement



Considerations for a WHO European strategy on health-care-associated infection, surveillance, and control

DP and HS are at the Infection Control Programme, University of Geneva Hospitals, Geneva Switzerland; BA and EC are at the Clinical Department of Infectious Diseases, University of Verona Verona, Italy; LB is at the International Health and Social Affairs Office, Veneto Region, Verice, Italy; BC is at the Laboratory of Healthcare Associated Infection, Health rotection Agency Landon, UK; JF is at the laboratoire d'Epidémiologie et de Santé Publique, Université Claude Bernard, Lyon, France; HR is at the Unité des Rickettnes, Faculté de Midecine CNRS UPRES A 6020 Safety Lead, WHQ, Geneva Switzerland: RCS is at the Health Protection Agency, Bristol Royal Infirmary, Bristol, UK: BWKG is at

Communicable Disease

Didier Pittat, Benedett a Allegranzi, Hugo Sax, Luigi Bertinato, Ercole Concia, Barry Cookson, Jacques Fabry, Hervé Richet, Pauline Philip, Robert C Spencer, Bernardus W K Ganter, Stefan o Lazzari

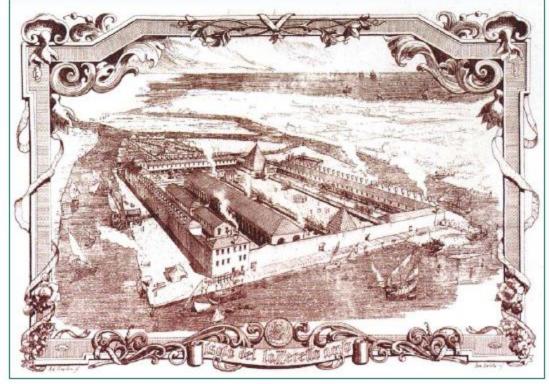
Health-care-associated infection (HAI) is a major issue of patient safety with a substantial impact on morbidity, mortality, and use of additional resources worldwide. In April 2004, the WHO Regional Office for Europe organised the first international consultation to address the issue of HAI in eastern and central Europe. The main objectives of the consultation were to identify the primary needs and obstacles for the prevention and control of HAI at country level, to design the essential components of an international strategy to effectively address the issue of HAI, and to identify specific priorities and recommendations for interventions by the WHO and other international institutions. An update on HAI activities and related networks throughout Europe, together with the outcome of the meeting, are presented. with special emphasis on future considerations for a European WHO strategy on HAI prevention.

A health-care-associated infection (HAI) is generally defined as "an infection occurring in a patient in a hospital or other health-care facility in whom the infection was not present or incubating on admission to that hospital/facility".1 Some of these infections, such as Marwelle, France: PP is the Patient surgical site infections, can occur after patient discharge. depending on the incubation period and the length of stay. The concept of HAI extends also to infections acquired by health-care workers as a result of their work within the the WHO Regional Office for health-care system.

Europe, Copenhagen, Denmark; HAI have a substantial impact on morbidity and and SL is at the Department of mortality. They prolong the duration of hospital stay, require additional diagnostic and therapeutic inter-Suveillance and Response WHO/CSROHios, Lyon, France. ventions, and generate added costs to those already

incurred by the patients' underlying diseases. Furthermore, hospitals are notorious as a source for the emergence, selection, and spread of multireststant bacteria that can cause severe clinical syndromes that are difficult and expensive to treat and may even become virtually incurable. Health-care settings also act as a reservoir for the dissemination of resistant organisms to the community and may, in some cases, become the epicentre for the spread of emerging epidemic agents.

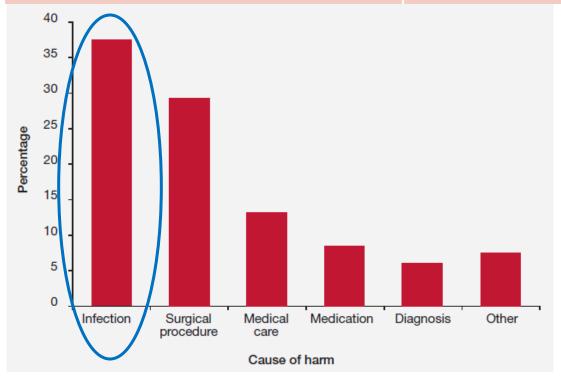
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IBEAS* study – WHO report

- 1. Pneumonia
- 2. Surgical wound infection
- Pressure ulcers (owing to immobility)
- 4. Sepsis and septic shock
- 5. Injury requiring treatment in the intensive care unit
- Phlebitis

- Health impacts due to delayed diagnosis or misdiagnosis
- Lesion of an organ due to a medical intervention or procedure
- Haemorrhage or haematoma due to a medical intervention or procedure
- Bacterial infection of the blood due to a device such as a catheter.



Ibero-american study of adverse events (IBEAS)*: **AD incidence 20%**

*Argentina, Colombia, Costa Rica, Mexico and Peru. Aranaz-Andres JM, et al. BMJ Qual Saf 2011 & WHO Report

http://www.who.int/patientsafety/research/country_studies/en/index.html

Global burden of health care-associated infections (HAIs)

Globally, hundreds of millions of people every year are affected by HAIs, many of which are completely avoidable.

- HAI frequency: On average, 1 in every 10 patients is affected by HAIs worldwide and 1 in every 10 affected patients dyes of HAI.
- In acute care hospitals, out of every 100 patients, 7 in developed and 15 in developing countries will acquire at least one HAI.
- Intensive care: In high-income countries, up to 30% of patients are affected by at least one HAI in intensive care units; in developing countries the frequency is at least 2–3 times higher.
- Neonatal care: neonatal infection rates in developing countries are 3-20 times higher than in industrialized countries



ECDC Point Prevalence Study 2011-12

(ECDC, Point Prev Report 2011-12)

HAI type	LN- INT	P50 (LN- INT)	HAI inc.%	(95% CI)	N HAIs /year	(95% CI)	% of total HAIs	(95% CI)
Pneumonia/LRT	8.9	6.7	0.95	(0.58-1.66)	860 938	(522 771-1 500 038)	24.4	(14.8-42.5)
Urinary tract	8.0	6.3	0.98	(0.58-1.72)	888 106	(527 129-1 554 275)	25.2	(14.9-44.0)
Surgical site	15.0	9.3	0.60	(0.33-1.17)	543 149	(298 167-1 062 673)	15.4	(8.4-30.1)
Bloodstream	11.3	8.7	0.35	(0.19-0.93)	312 822	(171 262-844 423)	8.9	(4.9-23.9)
Gastro-intestinal	13.3	9.3	0.29	(0.14-0.66)	258 327	(127 121-593 452)	7.3	(3.6-16.8)
Systemic	7.5	5.7	0.26	(0.11-1.82)	236 387	(100 646-1 647 657)	6.7	(2.9-46.7)
Skin/soft tissue	12.8	9.0	0.11	(0.05-0.31)	103 146	(43 564-277 627)	2.9	(1.2-7.9)
Other HAI types	13.2	7.9	0.36	(0.17-0.85)	326 903	(151 302-770 238)	9.3	(4.3-21.8)
Total HAIs ^(a)					3 529 778	(1 941 962-8 250 382)		

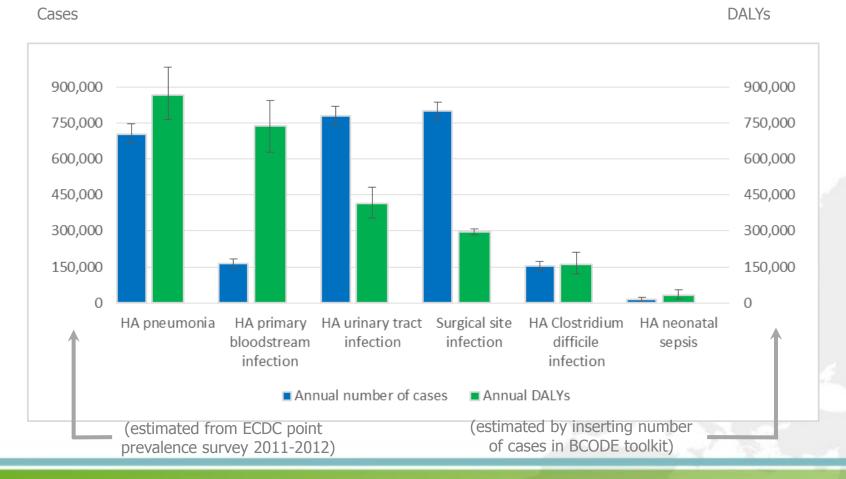
HAI prevalence: 6%

87,539 affected patients every day

Estimated incidence per year: 3,2 M (1,9-5,2) affected patients

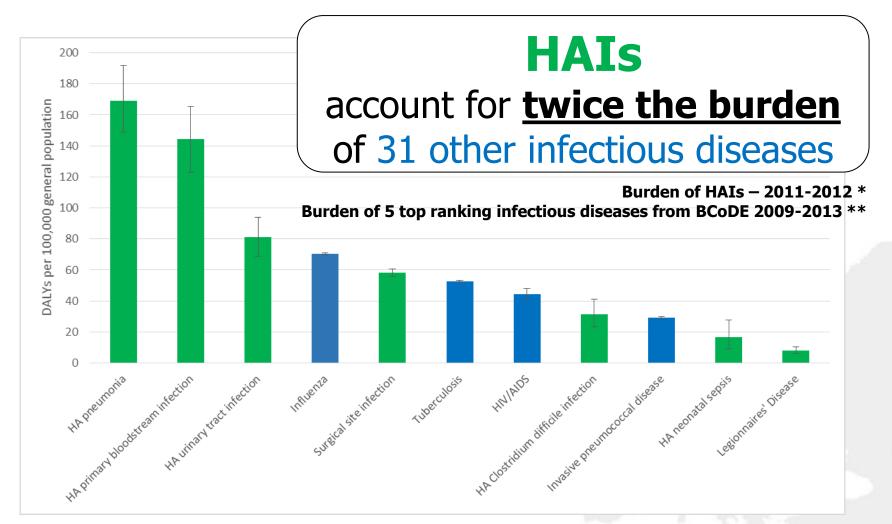
Comparing number of cases and burden of disease

- 2.6 million annual number of cases of HAIs are associated with more than 91,000 deaths (76,000 to 108,000)
- Cumulative burden: 501 DALYs per 100,000 inhabitants (**HAIs** account for <u>twice the</u> <u>burden</u> of 31 other infectious diseases)



Comparing the burden of HAIs with other infectious diseases (BCoDE project 2015)





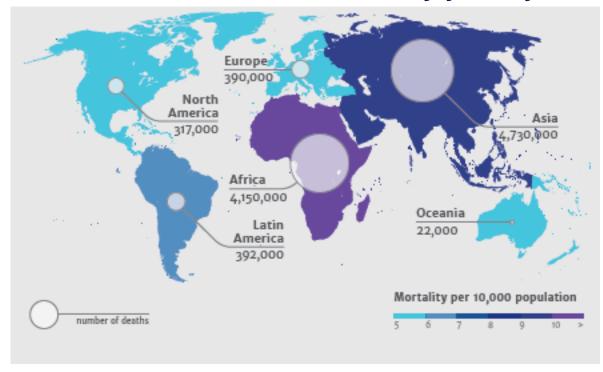
Source: *Cassini A, et al. PLoS Med 2016;13(10):e1002150 (18 October 2016) . ** Cassini A, et al. PLoS Med (submitted).

The Ever Expanding Global Concern of AMR

Mortality & Economic impact

- By 2050, lead to 10 million deaths/year
- Reduction of 2 to 3.5 percent in GDP
- Costing the world up to \$100 trillion

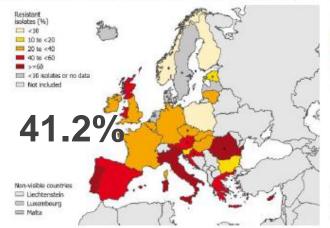
Deaths attributable to AMR every year by 2050



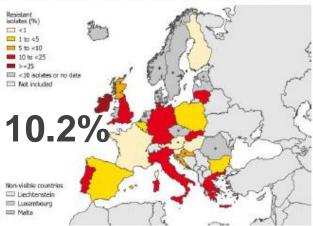


Resistance patterns in HAI pathogens in Europe

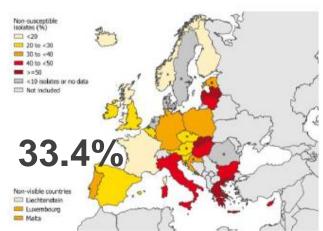




b. Vancomycin-resistant Enterococcus species (VRE)



c. Third-generation cephalosporin-non-susceptible Enterobacteriaceae



d. Carbapenem-non-susceptible Enterobacteriaceae

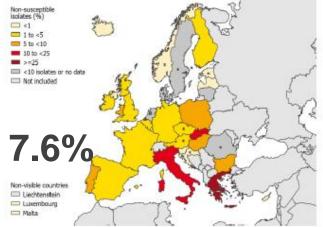




Figure 3. Klebsiella pneumoniae: percentage (%) of invasive (blood and cerebrospinal fluid) isolate resistant to carbapenems, EU/EEA, 2012

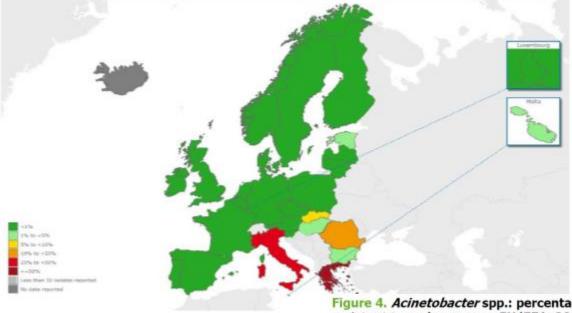
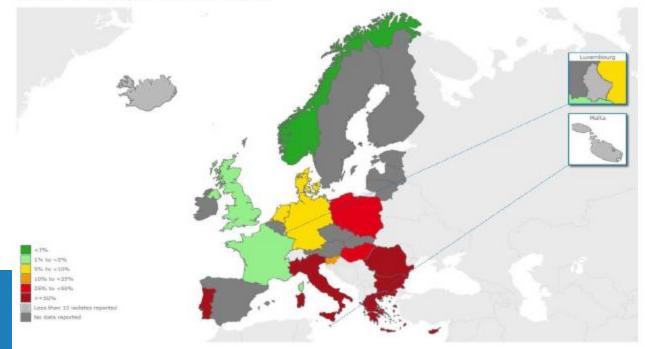


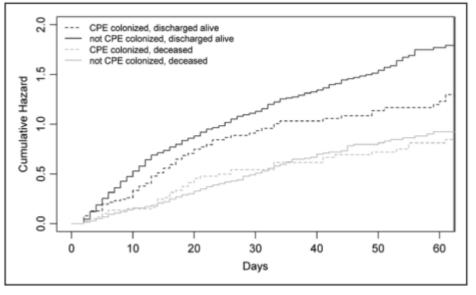
Figure 4. Acinetobacter spp.: percentage (%) of invasive (blood and cerebrospinal fluid) isolates resistant to carbapenems, EU/EEA, 2012



CPE and ICU mortality

	Deceased in the ICU (n = 301)					
Risk Factor	Subdistribution Hazard Ratio (95% CI)	P				
Carbapenemase-producing Enterobacteriaceae colonization ^a	1.79 (1.31-2.43)	< 0.001				
Age	1.00 (0.99-1.01)	0.628				
Gender (female)	1.28 (1.02-1.62)	0.034				
Acute Physiology and Chronic Health Evaluation II score	1.13 (1.11–1.15)	< 0.001				
Reason for admission (nonsurgical)	0.99 (0.73-1.34)	0.962				
Solid tumor	1.54 (1.15-2.06)	0.004				
Hematopoietic malignancy	1.62 (1.04-2.51)	0.032				
Chronic hepatic failure	1.32 (0.80-2.19)	0.278				
Transplant ^b	1.45 (0.69-3.04)	0.328				
Chronic dialysis ^c	0.65 (0.35-1.19)	0.163				
Immunodeficiency ^d	1.59 (1.11-2.27)	0.011				

^aCarbapenemase-producing Enterobacteriaceae colonization was included as a time-dependent covariate.





HAI Pathogens and AMR patterns NNIS 2009–2010

	CLABSI			CAUTI			VAP			SSI		
Pathogen, antimicrobial	No. of isolates reported	No. (%) of isolates tested	Resistance,	No. of isolates reported	No. (%) of isolates tested	Resistance, %	No. of isolates reported	No. (%) of isolates tested	Resistance,	No. of isolates reported	No. (%) of isolates tested	Resistance,
Staphylococcus aureus	3,735			442			2,043			6,415		
OX/METH		3,611 (96.7)	54.6		438 (99.1)	58.7		1,974 (96.6)	48.4		6,304 (98.3)	43.7
Enterococcus spp.												
E. faecium	2,118			654			25			517		
VAN		2,069 (97.7)	82.6		639 (97.7)	82.5		23 (92)	82.6		509 (98.5)	62.3
E. faecalis	2,680			1,519			45			1,240		
VAN		2,578 (96.2)	9.5		1,446 (95.2)	8.4		41 (91.1)	9.8		1,187 (95.7)	6.2
Klebsiella (pneumoniae/oxytoca)	2,407			2,365			854			844		
ESC4		2,109 (87.6)	28.8		1,998 (84.5)	26.9		747 (87.5)	23.8		710 (84.1)	13.2
Carbapenems		1,858 (77.2)	12.8		1,520 (64.3)	12.5		617 (72.2)	11.2		582 (69.0)	7.9
MDR1		1,932 (80.3)	16.8		1,650 (69.8)	16.1		658 (77.0)	13.4		621 (73.6)	6.8
Escherichia coli	1,206			5,660			504			1,981		
ESC4		1,067 (88.5)	19.0		4,656 (82.3)	12.3		429 (85.1)	16.3		1,627 (82.1)	10.9
FQ3		1,137 (94.3)	41.8		5,513 (97.4)	31.2		466 (92.5)	35.2		1,876 (94.7)	25.3
Carbapenems		931 (77.2)	1.9		3,579 (63.2)	2.3		344 (68.3)	3.5		1,330 (67.1)	2.0
MDR1		992 (82.3)	3.7		3,929 (69.4)	2.0		365 (72.4)	3.3		1,390 (70.2)	1.6
Enterobacter spp.	1,365			880			727			849		
ESC4		1,309 (95.9)	37.4		818 (93.0)	38.5		690 (94.9)	30.1		816 (96.1)	27.7
Carbapenems		1,041 (76.3)	4.0		614 (69.8)	4.6		530 (72.9)	3.6		594 (70.0)	2.4
MDR1		1,123 (82.3)	3.7		667 (75.8)	4.8		579 (79.6)	1.4		648 (76.3)	1.7
Pseudomonas aeruginosa	1,166			2,381			1,408			1,156		
AMINOS		819 (70.2)	10.0		1,495 (62.8)	10.9		920 (65.3)	11.3		664 (57.4)	6.0
ESC2		1,120 (96.1)	26.1		2,294 (96.3)	25.2		1,355 (96.2)	28.4		1,097 (94.9)	10.2
FQ2		1,114 (95.5)	30.5		2,337 (98.2)			1,378 (97.9)	32.7		1,111 (96.1)	16.9
Carbapenems		982 (84.2)	26.1		1,883 (79.1)	21.3		1,162 (82.5)	30.2		872 (75.4)	11.0
PIP/PIPTAZ		809 (69.4)	17.4		1,792 (75.3)	16.6		1,059 (75.2)	19.1		818 (70.8)	6.8
MDR2		1,096 (94)	15.4		2,250 (94.5)	14.0		1,342 (95.3)	17.7		1,053 (91.1)	5.3
Acinetobacter baumannii	629			185			557			119		
Carbapenems		522 (83)	62.6		128 (69.2)	74.2		449 (80.6)	61.2		102 (85.7)	37.3
MDR3		617 (98.1)	67.6		183 (98.9)	77.6		552 (99.1)	63.4		114 (95.8)	43.9





Why IPC is so important for patient outcomes

>30% Reduction Effective IPC programmes lead to more than a 30% reduction in HAI rates

25-57% Reduction Surveillance contributes to a 25-57% reduction in HAIs

50% Reduction Improving hand hygiene practices may reduce pathogen transmission in health care by 50%

13-50% Reduction Strong IPC plans, implemented across the USA between 2008 and 2014, reduced central line-associated bloodstream infections by 50%, surgical site infections (SSIs) by 17% and MRSA bacteraemia by 13%

56% Reduction MRSA declined by 56% over a four-year period in England in line with a national target

44% Reduction A safety culture and prevention programme reduced SSI risk in African hospitals by 44%

80% Compliance Between 2010 and 2015 Australia achieved and sustained 80% hand hygiene compliance in hospitals nationwide

Cost benefit analysis



Every US\$1 spent on hand hygiene promotion could result in a US\$ 23.7 benefit.

Reduction of MRSA and extensively drug-resistant Acinetobacter baumannii

A Lean Six Sigma Team Increases Hand
Hygiene Compliance and Reduces
Hospital-Acquired MRSA Infections by 51%

Clark Carbonnem, Eddle Benge, Mary T. Jaco, Mary Robinson

Overall prevention of 41 MRSA
infections resulted in a gross saving
of US\$ 354,276 with a net saving of
US\$ 276,500

Hand Hygiene Noncompliance and the Cost of Hospital-Acquired
Methicillin-Resistant Staphylococcus aureus Infection

Keith L. Cummings, MD, MBA; Deverick J. Anderson, MD, MPH; Keith S. Kave, MD, MPH

Mathematical model, a 200-bed hospital incurs US\$ 1,779,283 in annual MRSA infection—related expenses attributable to hand hygiene noncompliance; in this setting, 1% increase in hand hygiene compliance would result in annual savings of US\$ 39,650.

Why IPC is so important for global health

- IPC occupies a unique position in the field of patient safety and quality of care, as it is universally relevant to every health worker and patient, at every health care interaction
- Without effective IPC it is impossible to achieve quality health care delivery and strong health systems

IPC contributes to achieving the following global health priorities:

I. Sustainable development goals (SDGs) 3.1-3, 3.8, 3.d and 6





- II. AMR global and national action plans
- III. Preparedness and response to outbreaks
- IV. International Health Regulations
- V. Post-Ebola recovery plans
- VI. Quality universal health coverage
- VII. Patient and health worker safety
- VIII. WHO Global Strategy on integrated people-centred health services





Global Action Plans & National Action Plans

Global strategic objectives

Examples of key actions for national action plans

1. Improve awareness and understanding of AMR

- Risk communication
- Education

- 2. Strengthen knowledge through surveillance and research
- National AMR surveillance system
- Laboratory capacities
- Research and development
- 3. Reduce the incidence of infection through effective sanitation, hygiene and infection prevention measures
- IPC in health care (incl. liaison with WASH)
- Community level prevention (incl. liaison with WASH)
- Animal health
- 4. Optimize the use of antimicrobial medicines
- Access to qualified antimicrobial medicines
- Animal health

- 5. Ensure sustainable investment in countering antimicrobial resistance
- Measuring the burden of AMR
- Assessing investment needs
- Establishing procedures for participation



Carbapenem-resistant microorganisms: highest antibiotic resistant threat worldwide

WHO Infection Prevention & Control Guidelines on Best Practices and Procedures to Prevent and Control the Spread of:

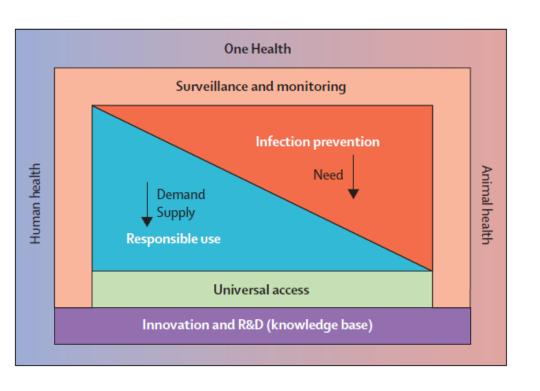
Carbapenem-resistant Enterobacteriaceae (CRE), Acinetobacter baumannii (CRAB) and Pseudomonas aeruginosa (CRPsA) in health care

Draft 20th April 2017



Exploring the evidence base for national and regional policy interventions to combat resistance Lancet 2016; 387: 285-95

Osman A Dar, Rumina Hasan, Jørgen Schlundt, Stephan Harbarth, Grazia Caleo, Fazal K Dar, Jasper Littmann, Mark Rweyemamu, Emmeline J Buckley, Mohammed Shahid, Richard Kock, Henry Lishi Li, Haydar Giha, Mishal Khan, Anthony D So, Khalid M Bindayna, Anthony Kessel, Hanne Bak Pedersen, Govin Permanand, Alimuddin Zumla, John-Arne Røttingen, David L Heymann



IPC interventions can:

- ➤ minimise the spread of pathogens, including R ones
- decrease the likelihood of infection in health-care settings
- reduce the overall need for antimicrobials



70th WHA 2017 - Sepsis report and resolution

SEVENTIETH WORLD HEALTH ASSEMBLY

WHA70.7

Agenda item 12.2

29 May 2017

Improving the prevention, diagnosis and clinical management of sepsis

The Seventieth World Health Assembly,

Having considered the report on improving the prevention, diagnosis and clinical management of sepsis;¹

Concerned that sepsis continues to cause approximately six million deaths worldwide every year, most of which are preventable;

Recognizing that sepsis as a syndromic response to infection is the final common pathway to death from most infectious diseases worldwide;

Considering that sepsis follows a unique and time-critical clinical course, which in the early stages is highly amenable to treatment through early diagnosis and timely and appropriate clinical management;

Considering also that infections which may lead to sepsis can often be prevented through appropriate hand hygiene, access to vaccination programmes, improved samitation and water quality and availability, and other infection prevention and control best practices; and that forms of septicaemia associated with nosocomial infections are severe, hard to control and have high fatality rates:

Recognizing that while sepsis itself cannot always be predicted, its ill effects in terms of mortality and long-term morbidity can be mitigated through early diagnosis and appropriate and timely clinical management;

Recognizing also the need to improve measures for the prevention of infections and control of the consequences of sepsis, due to inadequate infection prevention and control programmes, insufficient health education and recognition in respect of early sepsis, inadequate access to affordable, timely and appropriate treatment and care, and insufficient laboratory services, as well as the lack of integrated approaches to the prevention and clinical management of sepsis;

Noting that health care-associated infections represent a common pathway through which sepsis can place an increased burden on health care resources;







TACKLING ANTIMICROBIAL RESISTANCE:

Supporting national measures to address infection prevention and control and water. sanitation and hygiene in health care settings

Antimicrobial resistance (AMR) presents a significant threat to human health. World leaders have agreed that tackling AMR will require addressing both health and agriculture concerns with a focus on prevention. Improving infection prevention and control (IPC) and water, sanitation, and hygiene (WASH) is one of the five objectives in the World Health Organization's (WHO) AMR Global Action Plan. Nowhere is reducing infection more important than in health care facilities. Joint, immediate action to address IPC and WASH is essential.

THE CURRENT SITUATION IN HEALTH CARE FACILITIES IN LOW- AND MIDDLE- INCOME COUNTRIES

WASH

38% of health care facilities do not have ANY water source

19% do not have improved

35% do not have water and soap or alcohol-based hand rub for hand washing

Up to 90% of health workers do not adhere to recommended hand hygiene practices

IPC

In Africa, up to 20% of women get a wound infection after a caesarean section

Hospital-born babies in lowincome settings are at a higher risk of being affected by neonatal sepsis, with infection rates 3 to 20 times higher than in high-income settings

On average 15% of patients will acquire at least one infection in acute care hospitals

AMR

Prophylactic use of antibiotics is standard in over **80%** of maternity units in several counties

Patients with resistant Staphylococcus Aureus are 50% more likely to die than those with a nonresistant infection

Each year hundreds of millions of cases of diarrhoea are treated with antibiotics. Universal access to WASH could reduce this by 60%

THE CONSEQUENCES OF POOR WASH AND COMPROMISED IPC



Compromised IPC practices

- Increased risk of healthcareassociated infections (HAI)
- Increased risk of spread of HAI
- Increased burden of expensive, hard-to-treat and life-threatening resistant infections
- Decrease in patient confidence in health care

Overreliance on preventive use of antibiotics

High health care costs and poor health outcomes

Increased use of antibiotics to treat preventable infections

Increased resistance

Addressing these challenges will require accelerating joint efforts to improve WASH, IPC and AMR in health care settings.



Goals and objectives

Global Action Plan on AMR's objective three; Reduce the incidence of infection through effective sanitation, hygiene and infection prevention measures

WASH and IPC efforts aim to support objective three through joint efforts to ensure every health facility, in every setting, has safely managed water, sanitation, hydiene and waste management facilities and implements effective, evidencebased IPC programs and practices to protect the lives of health workers, patients and all facilities users.

Priority joint AMR, IPC and WASH actions

GLOBAL

Joint advocacy

Raise awareness of the threat of AMR and the critical need to prioritise prevention, particularly in health care facilities, but also in the wider community through universal WASH access.

Ensure WASH in HCF and IPC are prioritised in all AMR global plans, accountability frameworks, policies, and financing mechanisms.

Support global and national leaders to advocate for WASH. and IPC in HCF to reduce AMR.

Achieve universal access to and use of adequate toilets and safe drinking water supplies in communities to reduce unnecessary antibiotic use and hospital admissions.

NATIONAL

National action plans

Support the development and implementation of guidelines and National Action Plans for AMR which prioritise IPC1 and WASH. activities and support access to and rational antibiotic use.

Develop systems to strengthen disease surveillance, guidelines on antibiotics use, and laboratory capacity to better diagnose and frack HCAls.

Align prevention efforts with existing health plans and prevention activities, particularly quality universal health coverage and maternal, newborn and child health.

New NHO Guidelines on Core Components of IPC and

LOCAL

Health care facilities

Support the implementation of WASH standards and improvement and the IPC Core Components Guidelines.

Drive efforts to improve and sustain hand hygiene infrastructure and practices and efforts to support adequate. routine cleaning practices. sterilization and safe health care waste management.

Improve the evidence-base of locally relevant interventions to reduce HAL improve WASH and IPC and support rational use of antibiotics.

- Key WHO tools and guidance to support WASH, IPC and AMR progress
- WHO Essential Environmental Standards in Health Care Hand hygiene and AMR policy briefing note
- WHO Hand Hygiene guidelines and implementation tools
- · Water and Sanitation for Health Facility Improvement Tool
- New WHO Guidelines on Core Components of IPC and Implementation tools JMP Core Indicators for WASH in HCF
- WHO Sanitation Safety Planning Manual
- Can be found at:
- //www.who.int/gpsc/en/ and http://www.who.int/water_canitation_health/bolition/en/

ACTION in WASH and IPC

Reduce overall antibiotic demand, use and misuse

Reduce opportunity for resistant strains to emerge

Reduce spread of resistant and non-resistant infections

Reduce cest of expensive treatment of resistant infections

Reduce the risk of all health care associated infections

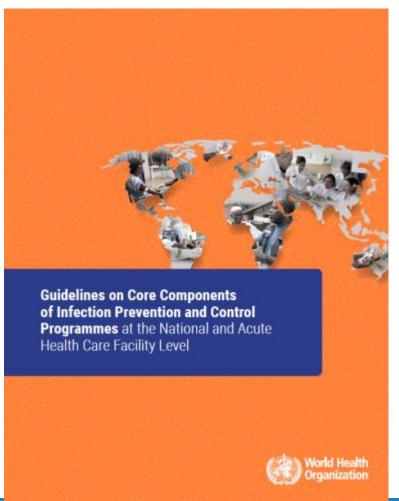
Drive peoplecentred quality health care

Increase care seeking and staff morale and productivity

And therefore help reduce antimicrobial resistance.



New WHO Guidelines on Core Components of IPC Programmes at the National and Acute Health Care Facility Level



DOI 10.1186/s13756-016-0149-9

Antimicrobial Resistance and Infection Control

GUIDELINES ARTICLE

Core components for effective infection prevention and control programmes: new WHO evidence-based recommendations

Julie Storr¹, Anthony Twyman¹, Walter Zingg², Nizam Damani¹, Claire Kilpatrick¹, Jacqui Reilly³, Lesley Price³, Matthias Egger⁴, M. Lindsay Grayson⁵, Edward Kelley¹, Benedetta Allegranzi^{1*} and the WHO Guidelines Development Group

Health care-associated infections (HAI) are a major public health problem with a significant impact on morbidity mortality and quality of life. They represent also an important economic burden to health systems worldwide However, a large proportion of HAI are preventable through effective infection prevention and control (IPC) measures. Improvements in IPC at the national and facility level are critical for the successful containment of antimicrobial resistance and the prevention of HAI, including outbreaks of highly transmissible diseases through high quality care within the context of universal health coverage. Given the limited availability of IPC evidencebased guidance and standards, the World Health Organization (WHO) decided to prioritize the development of global recommendations on the core components of effective IPC programmes both at the national and acute health care facility level, based on systematic literature reviews and expert consensus. The aim of the guideline development process was to identify the evidence and evaluate its quality, consider patient values and preferences resource implications, and the feasibility and acceptability of the recommendations. As a result, 11 recommendations and three good practice statements are presented here, including a summary of the supporting evidence, and form the substance of a new WHO IPC guideline.

Keywords: Infection prevention and control, HAI, IPC programmes, Hand hygiene, Antimicrobial resistance, PC guideline, Surveillance, Multimodal strategy, IPC education, Workload, Staffing, Workforce, Bed occupancy IPC practices, Universal health coverage

Infection prevention and control (IPC) is a universally relevant component of all health systems and affects the health and safety of both people who use health services and those who provide them. Health care-associated infections (HAI) are one of the most common adverse HAI is two to 20 times higher compared to high-income events in care delivery and both the endemic burden countries, notably for device-associated infections [2]. and epidemics are a major public health problem. In 2011, the World Health Organization (WHO) [1] reported that on average 7% of patients in developed and 15% in low- and middle-income countries (LMICs)

suffer from at least one HAI at any given time, with attributable mortality estimated at 10% [2]. The burden of HAI is significantly higher in LMICs and affects especially high-risk populations, such as patients admitted to neonatal and intensive care units where the frequency of

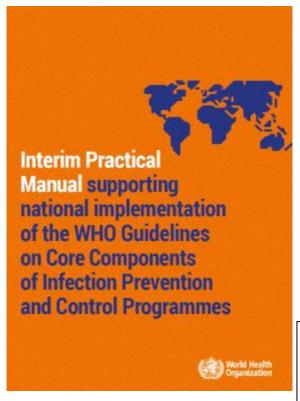
HAI has a significant and largely avoidable economic impact at both the patient and population levels, including out-of-pocket costs to patients and costs incurred through lost productivity due to morbidity and mortality. Although the evidence related to the economic burden of HAI is limited, particularly in LMICs, available data from the USA and Europe suggest costs estimated at several billions. According to the US Centers for Disease Control and Prevention, the overall annual

HIS, World Health Organization, 20 Avenue Appla, 1211 Geneva 27,





Implementation resources for the WHO IPC Core Components Guidelines







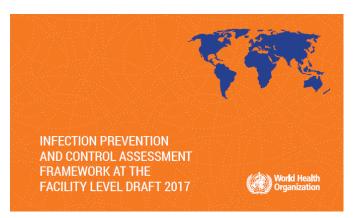
Practical Guide

IPC Core Components field implementation in low-resource settings

Facility Level



National & facility-level assessment tools



1. DRAFT - WHO IPC Self-Assessment Framework 2017 Health care facility level

Core component 1: IPC programme

Question	Answer	Score			
Do you have an IPC programme?	No	0			
Choose one answer	Yes, without clearly defined responsibilities	5			
	Yes, with clearly defined responsibilities and functions and functions and annual work plan	10			
Is your IPC programme supported by an IPC Team comprising trained IPC	No	0			
professionals?	Not a team, but a nominated IPC focal person				
Choose one answer	Yes	10			
3. Is there a full-time infection	No infection preventionist available				
preventionist or equivalent (FTE) (nurse or doctor, working 100% in IPC) available?	Yes, one FTE per > 250 beds	5			
Choose one answer	Yes, one FTE per ≤ 250 beds	10			
4. Does your IPC team include both doctors	No	0			
and nurses?	Yes	10			
5. Does your IPC team/focal person have	No	0			
dedicated time for IPC activities?	Yes	10			
5. Do you have an Infection Control	No	0			
Committee or an equivalent actively supporting the IPC team?	Yes	10			



119	IPC guidelines* (Interim practical manual, pages 23-30)	100%	(COLOR)	
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WHO global guidelines for SSI prevention

Surgical antibiotic prophytexis (SAP) should

he administered before surgical incision

Surgical antiblotic prophytaxis administration should not be prolonged after completion of the



New WHO SSI prevention implementation strategy and toolkit

http://who.int/infection-prevention/publications/ssi-guidelines/en Launched on 3 November 2016

World Health Organization









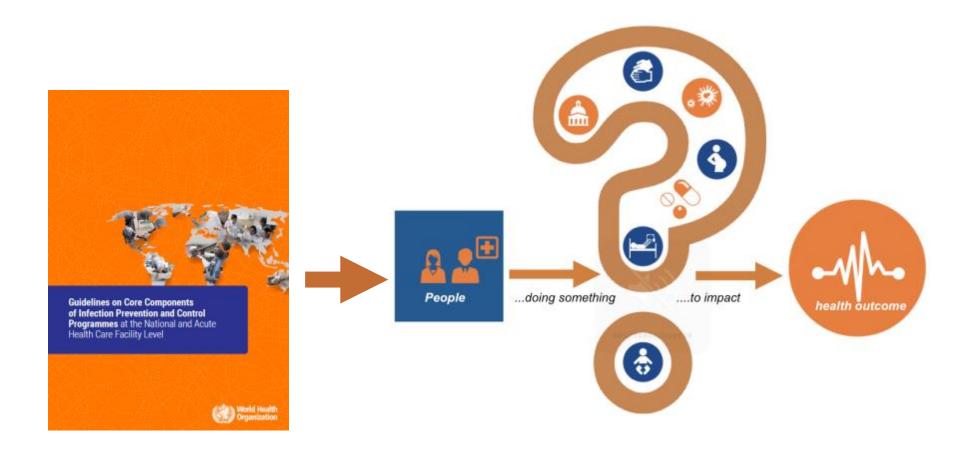








Translating guidelines to action



Technical Work

Evidence-based interventions

Adaptive Work

Safety culture



WHO Multimodal Hand Hygiene Implementation Strategy

System change
Alcohol-based handrubs at point of care and access to safe continuous water supply, soap and towels



Training and education of staff

Translated version of WHO guidelines, guide to implementation, manual for observer and educational tools 3 National education session



Observation of hand hygiene and feedback to staff

Hand hygiene practices, knowledge, and perception assessment and monitoring



Reminders in the workplace, information and advocacy

Translation and adaptation of the pilot implementation tools



Establishment of a safety climate

Support from Ministry, Region and senior management of the facility computer; internet access; data collection; staffing.

Baseline evaluation phase

Intervention phase

Follow up evaluation phase

WHO hand hygiene strategy impact

Allegranzi B et al, Lancet ID 2013

Global implementation of WHO's multimodal strategy for improvement of hand hygiene: a quasi-experimental study



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Benedittro Allegrateri Anglife Govet Ageron, Narum Dameni, Lesèni Bengaly, Mary-Lasine McLaws, Marin-Luise Word, Trad Memish. Orlando Urraz, Herwi Richet, Julie Start, Liem Donalsbarr, Didler Pittet

Background Health-care-associated infections are a major threat to patient safety worldwide. Transmission is mainly via the hands of health-care workers, but compliance with recommendations is usually low and effective improvement strategies are needed. We assessed the effect of WHO's strategy for improvement of hand hygiene in five countries.

Methods We did a quasi-experimental study between December, 2006, and December, 2008, at six pilot sites (55 departments in 43 hospitals) in Costa Rica, Italy, Mali, Pakistan, and Saudi Arabia. A step-wise approach in four 3-6 month phases was used to implement WHO's strategy and we assessed the hand-bygions compliance of healthcase workers and their knowledge, by questionnaire, of microbial transmission and hand-hygiene principles. We expressed compliance as the proportion of predefined opportunities met by hand-by gione actions (ie, handwashing or hand robbing). We assessed long-term sustainability of core strategy activities in April, 2010.

Findings We noted 21884 hand-hygiene opportunities during 1423 sessions before the intervention and 23746 opportunities during 1784 sessions after Overall compliance increased from 51-0% before the intervention (95% Cl 45-1-56-9) to 67-2% after (61-8-72-2). Compliance was independently associated with gross national income per head, with a greater effect of the intervention in low-income and middle-income countries (odds ratio |OR14-67, 95% CL3-16-6-89; p<0-0001) than in high-income countries (2-19, 2-03-2-37; p<0-0001). Implementation Communication transfer

- Significant increase of healthcare workers hand hygiene compliance across all professional categories in all sites (OR 2·15, 1·99–2·32; HH compliance from 51.0% to 67.2%).
- Greater effect in low-income and middle-income countries (OR 4.67, 95% CI 3.16–6.89; p<0.0001)

Luangasanatip N et al, BMJ 2015



Comparative efficacy of interventions to promote hand hygiene in hospital: systematic review and network meta-analysis

> Nantasit Luangasanatip,1,3 Maliwan Hongsuwan,1 Direk Limmathurotsakul,1,3 Yoel Lubell,1,4 Andie S Lee, 5 Stephan Harbarth, 5 Nicholas P I Day, 7 A Nicholas Graves, 7,7 Ben S Coopert, 4

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Technology, Bristone, Australia.

To evaluate the relative efficacy of the World Health Organization 2005 campaign (WHO-5) and other interventions to promote hand bystene among healthcare workers in hospital settings and to summarize associated information on use of

Systematic review and network meta-analysis. DATA SOURCES

Meditne, Embase, CINAHL, NHS Economic Evaluation Database, NHS Centre for Reviews and Dissemination. Cochrane Library, and the EPOC register (December 2009 to February 2016; strudies selected by the same search terms in previous systematic reviews

Included studies were randomised controlled trials, non-randomised trials, controlled before after trials. and interrupted time series studies implementing hygiene among healthcare workers in hospital settings and measuring compliance or appropriate proxies that met predefined quality inclusion criteria. When studies had not used appropriate analytical methods, primary data were re-analysed, Random effects and network meta-analyses were performed on studies reporting directly observed compliance

Of 3639 studies retrieved, 41 met the inclusion criteria (six randomised controlled trials, 12 interrupted time spries, one non-randomissed trial, and two controlled before after studies). Meta-analysis of two randomised controlled trials showed the addition of goal setting to (pooled odds ratio 1.35, 95% confidence interval 1.04 to 1.74; P-81%). Of 22 painwise comparisons from interrupted time series, 18 showed stepwise increases in compliance with hand hygiene, and all but four intervention. Network meta-analysis indicated considerable uncertainty in the relative effectiveness of interventions, but nonetheless provided evidence that WHO 5 is effective and that compliance can be further improved by adding interventions including must setting, reward incentives, and accountability. Ninetizen studies reported clinical outcomes: data reductions in rates of infection resulting from improved hand hygiene for some but not all important hospital pathogens. Reported costs of interventions ranged from \$225 to \$4669 (£146-£3035; £204

Promotion of hand hygiene with WHO 5 is effective at increasing compliance in healthcare workers. Addition of goal setting, reward incentives, and accountability

Meta-analysis from 22 studies confirmed that the WHO hand hygiene strategy is effective at increasing health care workers compliance and results of 19 studies showed reduction of health care associated infections

thirland: BM7 2015;293(4)3728 (doi: 10.1136/bmg.h3729



- Allegranzi B et al, Lancet ID 2013
- Luangasanatip N et al, BMJ 2015

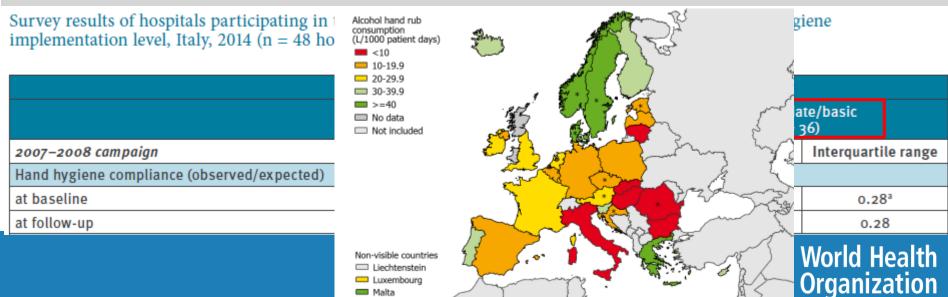
Determinants of success and sustainability of the WHO multimodal hand hygiene promotion campaign, Italy, 2007–2008 and 2014

ML Moro 1, F Morsillo 1, S Nascetti 2, M Parenti 3, B Allegranzi 4, MG Pompa 5, D Pittet 6

Citation style for this article:

Moro ML, Morsillo F, Nascetti S, Parenti M, Allegranzi B, Pompa MG, Pittet D. Determinants of success and sustainability of the WHO multimodal hand hygiene promotion campaign, Italy, 2007–2008 and 2014. Euro Surveill. 2017;22(23):pii=30546. DOI: http://dx.doi.org/10.2807/1560-7917.ES.2017.22.23.30546

- 175 hospitals from 14 of 20 Italian regions
- Hand hygiene compliance increase from 40% to 63%, across all professional categories, types of hand hygiene indications, types of wards and types of H



Patient safety culture approach

Comprehensive Unit-based Safety Program (CUSP)

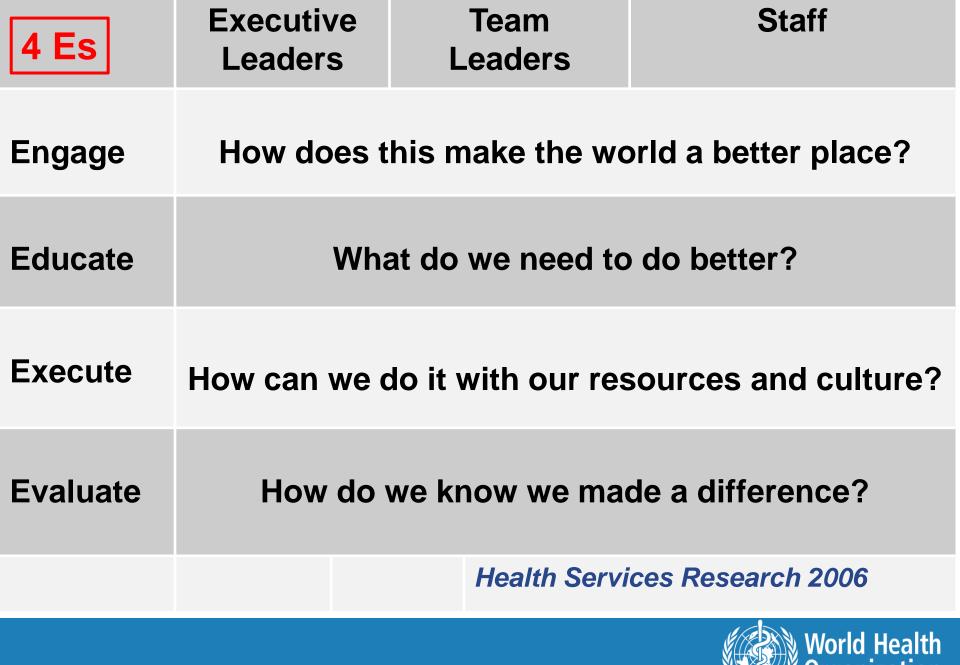
Translating Evidence Into Practice (TRiP)

- Educate staff on science of safety
- 2. Identify defects
- 3. Assign executive to adopt unit
- 4. Learn from one defect per quarter
- 5. Implement teamwork tools

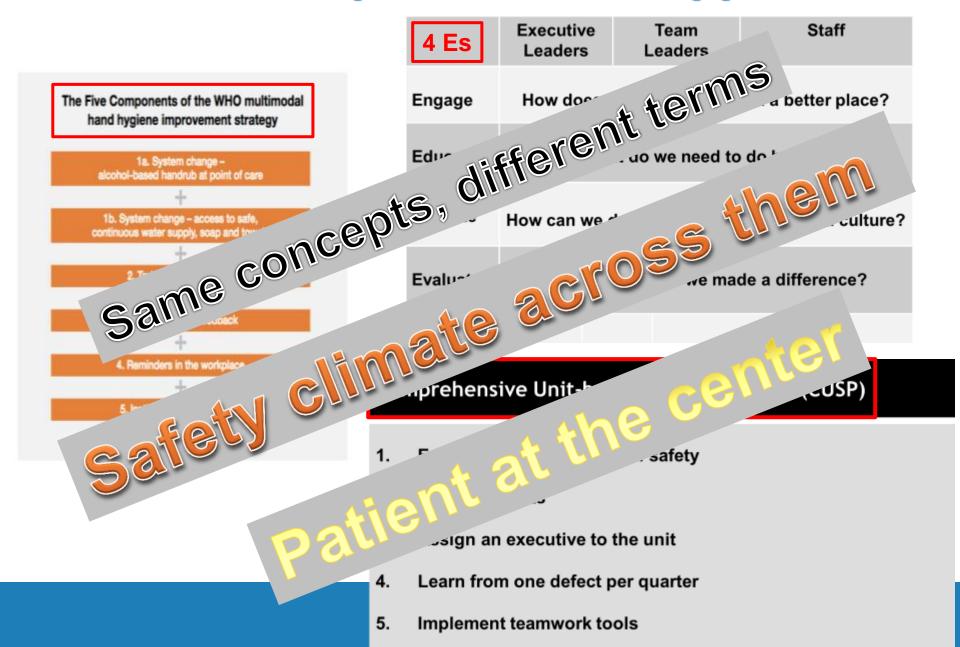
Berenholtz SM et al, CCM 2004 Pronovost P et al, NEJM 2006 Pronovost P et al, BMJ 2010 Pronovost P et al, AJMQ 2015

- 1. Summarize the evidence in a checklist.
 - Clean your hands, clean skin with alcohol-based chlorhexidine, avoid femoral site, use barrier precautions, ask daily if you need the catheter
- 1. Identify local barriers to implementation
- 2. Measure performance
- 3. Ensure all patients get the evidence
 - Engage
 - Educate
 - Execute
 - Evaluate





Multimodal implementation approaches



Multimodal strategy for IPC interventions

In other words, the WHO
multimodal improvement strategy
addresses these five areas:

2. Teach it



(training & education)

Who needs to be trained? What type of training should be used to ensure that the intervention will be implemented in line with evidence-based policies and how frequently?

Does the facility have trainers, training aids, and the necessary equipment?

Practical example: when implementing injection safety interventions, timely training of those responsible for administering safe injections, including carers and community workers, are important considerations, as well as adequate disposal methods.

4. Sell it



(reminders & communications)

How are you promoting an intervention to ensure that there are cues to action at the point of care and messages are reinforced to health workers and patients?

Do you have capacity/funding to develop promotional messages and materials?

Practical example: when implementing interventions to reduce catheter-associated bloodstream infection, the use of visual cues to action, promotional/reinforcing messages, and planning for periodic campaigns are important considerations.

1. Build it (system change)



What infrastructures, equipment, supplies and other resources (including human) are required to implement the intervention?

Does the physical environment influence health worker behaviour? How can ergonomics and human factors approaches facilitate adoption of the intervention?

Are certain types of health workers needed to implement the intervention?

Practical example: when implementing hand hygiene interventions, ease of access to handrubs at the point of care and the availability of WASH infrastructures (including water and soap) are important considerations. Are these available, affordable and easily accessible in the workplace? If not, action is needed.

3. Check it



(monitoring & feedback)

How can you identify the gaps in IPC practices or other indicators in your setting to allow you to prioritize your intervention?

How can you be sure that the intervention is being implemented correctly and safely, including at the bedside? For example, are there methods in place to observe or track practices?

How and when will feedback be given to the target audience and managers? How can patients also be informed?

Practical example: when implementing surgical site infection interventions, the use of key tools are important considerations, such as surveillance data collection forms and the WHO checklist (adapted to local conditions).

5. Live it

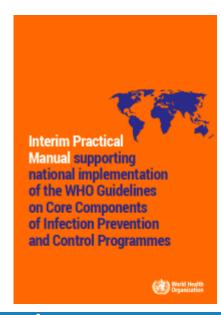


(culture change)

Is there demonstrable support for the intervention at every level of the health system? For example, do senior managers provide funding for equipment and other resources? Are they willing to be champions and role models for IPQ improvement?

Are teams involved in co-developing or adapting the intervention? Are they empowered and do they feel ownership and the need for accountability?

Practical example: when implementing hand hygiene interventions, the way that a health facility approaches this as part of safety and quality improvement and the value placed on hand hygiene improvement as part of the clinical workflow are important considerations.





Importance of multidisciplinarity leadership & ownership in IPC interventions



2017 World Antibiotic Awareness Week





Help WHO highlight the role of <u>IPC to combat AMR</u> and participate in the World Antibiotic Awareness Week!

Learn more about WHO's IPC work at: http://www.who.int/infection-prevention/en/



Quality Systems and Resilience

Background to QSR

- In October 2015, the Universal Health Coverage and Quality (QHC) unit was established by WHO in acknowledgement of the need to develop critical linkages between UHC and quality.
- The unit was created to support countries in placing quality of care at the centre of moves towards UHC, alongside related work on resilient
- It is apparent both at global and national levels - that quality is now seen as a necessary part of UHC. Building on this foundational effort, a renewed focus on specific areas of technical work is now being taken forward through the Quality Systems and Resilience (QSR) unit.
- QSR supports health service delivery by focusing on stimulating change to enhance quality and resilience alongside focused attention on essential public health functions (EPHF) and community engagement (CE).

Quality systems

The unit supports country-based efforts to develop national quality policy and strategy; coordinates global learning on quality UHC; and facilitates cross-cutting work on quality across the Organization. The unit leads work on twinning partnerships for improvement as a way of catalysing change. Partnerships are also in place with flagship quality improvement efforts. Attention to the linguistic needs related to quality improvement is also emphasized by the unit.

Resilience



Through a focus on country-based experience and technical cooperation, the unit is strengthening and developing the convergence between surveillance, preparedness, disaster risk management and quality health services. This convergence work is designed to support Member States in their efforts to develop greater health service resilience, within the context of stronger health systems.

Essential public health functions and Community engagement

Running across the unit are two cross-cutting areas. The unit supports WHO's broader work on developing shared understanding on essential public health functions for application by Member States. Ensuring communities are engaged in the health services they receive is central to the work of the unit, with a strong focus on the development of systematic and sustainable engagement frameworks and a coordinated community engagement

WHO's Department of Service Delivery and Safety

The QSR unit is part of WHO's Department of Service Delivery and Safety (SDS), which supports policy-makers to set priorities, to plan and organize health services that are efficient and responsive to the needs and preferences of people and communities, throughout their life. It also supports health providers working at the frontline to deliver safe and effective care through the development and promotion of global norms and standards. SDS is home to the WHO Framework on integrated people-centered health services (IPCHS) and supports the adoption of strategies from the Framework to ensure that everyone, everywhere, has access to the quality health services they need, when and where they need them. Integrated people-centred health services and universal health coverage (UHC) are global priorities for WHO. For health care to be truly universal, it requires a shift from health systems designed around diseases and health institutions to health systems designed for people. The QSR unit supports Member States in a range of technical areas to enable the transformational change required by our evolving health systems.

What we do - Ten broad areas of work related to quality systems and resilience

- Global Learning Laboratory for quality UHC

 Health security-health systems convergence

A more detailed introduction to our work areas is presented overleaf. For more information http://www.who.int/servicedeliverysafety/areas/ghc/en/



Our work at a glance



lational Quality Policy and Strategy



NQPS supports the development of national policies and strategies on quality of care, focusing on technical support to countries, the development of a handbook and compendium of tools as well as engagement with wider global efforts. The work has been informed by a review of existing quality policies and strategies and engagement with ministries of health and global experts, and will be continually refined, based on country experiences of developing and implementing their own quality policies and strategies.

Global Learning Laboratory for quality UHC



The Global Learning Laboratory (GLL) links the experiences, expertise, passion and wisdom of people across the world, representing multiple disciplines, on important issues relating to quality in the context of UHC. WHO recognizes the importance of connecting people to facilitate accelerated learning; the GLL is designed to support that need. A web-based platform enables members to share experiences, knowledge and ideas and disseminate lessons learned across the world. Members of the GLL: challenge each other and spark innovative ideas for action.

WHO Taskforce on quality in UHC

The establishment of a WHO taskforce on the quality of health service delivery in the context of UHC, provides a mechanism to act as a collaborative platform for WHO units, departments and clusters at WHO headquarters to address how to strengthen support on quality to Member States as they move their health systems toward UHC with a focus on coordination, collaboration and knowledge

Twinning partnerships for improvement

These concentrate on the value of institution-to-institution partnerships in catalysing health service improvement. The approach focuses on fostering strong bi-directional partnerships between health institutions; improving health services by implementing effective interventions based on needs from the frontline; and spreading improvement within the national health system and beyond.



Linguistic partnerships for improvement

Linguistic partnerships are a mechanism to establish linkages between health professionals working in public health from groups or regions speaking different languages. The purpose is to value and promote cultural and linguistic diversity and improve mutual sharing and understanding between groups/regions speaking different languages on issues related to improving quality of care.



SSIST partnerships for improvement

The USAID Applying Science to Strengthen and Improve Systems Project (ASSIST) is focused on improving the quality and outcomes of health care and other services by applying the science of improvement. Partnership work between WHO and ASSIST allows co-developed solutions and learning from in-country implementation to spread to other Member States.



Health security-health systems linkages and resilient health services in emergencies and disasters



Health security and systems convergence promotes sustainability, efficiency and effectiveness of a country's preparedness efforts, and helps avoid the creation of a vertical health security silo. The work covers an extensive array of technical domains. The focus is on developing conceptual clarity on convergence alongside operational guidance on "the how" - for example response and recovery during acute and protracted emergencies aligned with national health systems; supporting countries on the convergence of health security and health systems and synthesizing emerging learning for wider application; and providing local and country level advocacy for the integrated health system strengthening approach.



sential public health functions

Aims to strengthen cross-WHO efforts and put public health alongside clinical services and individual health at the heart of the UHC agenda. The focus is on development and dissemination of technical guidance; advocating for EPHF globally and nationally, alongside global efforts; and stimulating learning efforts on EPHF in the context of health systems strengthening and the SDGs.



Community engagement for quality, integrated and resilient services.

Coordinates a diverse network of researchers, disciplinary experts, practitioners and partners to strengthen community engagement. The focus is on developing a community engagement framework tailored for the intersection between health services and communities; generating evidence by applying the framework and measuring changes; and formulating policy options by engaging key stakeholders on a minimum investment package for health systems.

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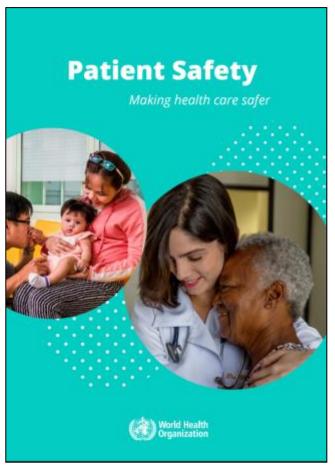


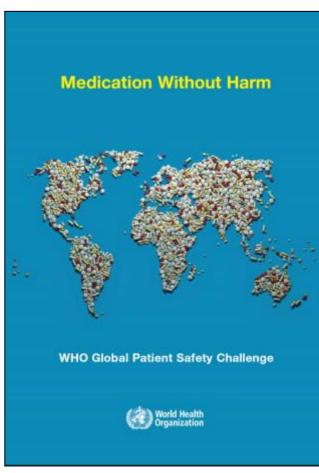
Medication Without Harm



The Third Global Patient Safety Challenge

Advocacy Materials and Global Campaign











http://www.who.int/patientsafety



GRAZIE!!!

WHO Infection Prevention and Control Global Unit



Learn more at: http://www.who.int/infection-prevention/en/

