

5 minutes
worth
one
LIFE



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WHAT IS MAMMOGRAPHY SCREENING?

Mammography screening offers **early detection** of any small lesions, even before they can be felt by touch.

So action can be taken now, increasing the chances of **effective treatments**, less aggressive for the woman and with a greater chance of recovery.

Screening is for all women residents, domiciled and cared for in Emilia-Romagna, who are invited to have a mammogram **every year between the ages of 45 and 49 and every two years between the ages of 50 and 74.**

A **mammogram** is an X-ray of the breast and is a test that is **simple, free and takes only a few minutes.**

WHY JOIN IN WITH MAMMOGRAPHY SCREENING?

- Because joining in with screening in Emilia-Romagna **reduces breast cancer mortality by 56%.**
- Because it offers **the highest quality and accuracy** in diagnosis, and the mammogram is evaluated separately by two radiologists.
- Because it is **all free and organized**, from the mammogram to any diagnosis and treatment.

SCREENING IDENTIFIES BREAST CANCER



45-49 YEARS
1 IN 300 WOMEN TESTED

50-69 YEARS
1 IN 164 WOMEN TESTED

70-74 YEARS
1 IN 95 WOMEN TESTED

- 56%
mortality

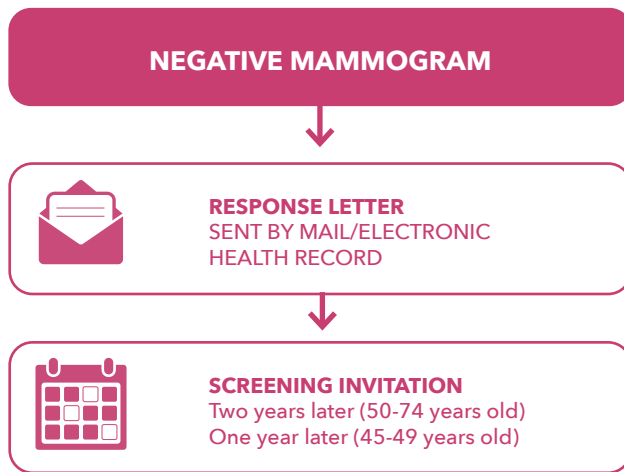
MAMMOGRAPHY SCREENING IN
EMILIA ROMAGNA

IS THE EXAMINATION DANGEROUS OR PAINFUL?

To perform the examination properly, the breast must be compressed. Some women experience some discomfort or slight pain, but it only lasts for a few seconds.

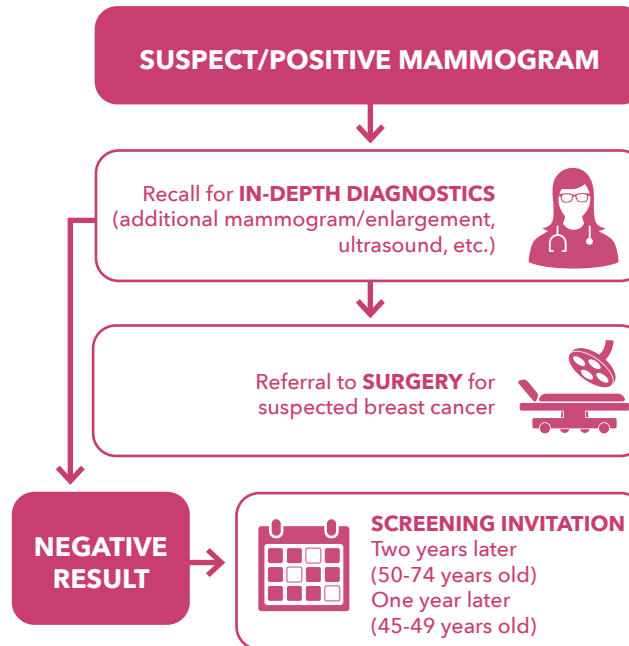
The dose of X-rays used is very low and provides very high-quality images, with minimal exposure.

WHAT HAPPENS IF MY MAMMOGRAM IS NEGATIVE?



It has been decided to invite women aged 45 to 49 years every year because breast density is very frequent at these ages and limits the possibility of detecting suspicious changes with mammography.

WHAT HAPPENS IF MY MAMMOGRAM IS SUSPECT?



WHAT ARE THE LIMITS OF SCREENING?

It is rare (about 1 in every 1,500 women), but it is possible that after a negative mammogram and before the next checkup, cancer may develop: **it is important to always pay attention to any changes in the breasts** and, if that happens, contact your doctor or the Screening Center.

Mammography can detect very small tumors, but an estimated 15-30% of cancers go undetected through screening. It is also possible with mammography to discover slow-growing tumors (about 10%) that would not give a woman any health problems ("overdiagnosis").

Show up for the appointment: five minutes, one worry less.

LOOKING FOR MORE INFO?

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from Mondays to Fridays 8.30 am - 6.00 pm
Saturdays: 8.30 am - 1.00 pm