

LA NASCITA IN EMILIA-ROMAGNA nel 2014
Bologna, 30 novembre 2015



Il taglio cesareo nel 2014 in Italia e in Emilia-Romagna: la classificazione di Robson

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Contenuto della presentazione

- il taglio cesareo (TC) in Italia
- e in Emilia-Romagna (ER)
- perché occuparci ancora di TC?

TC Italia vs altri paesi alto reddito

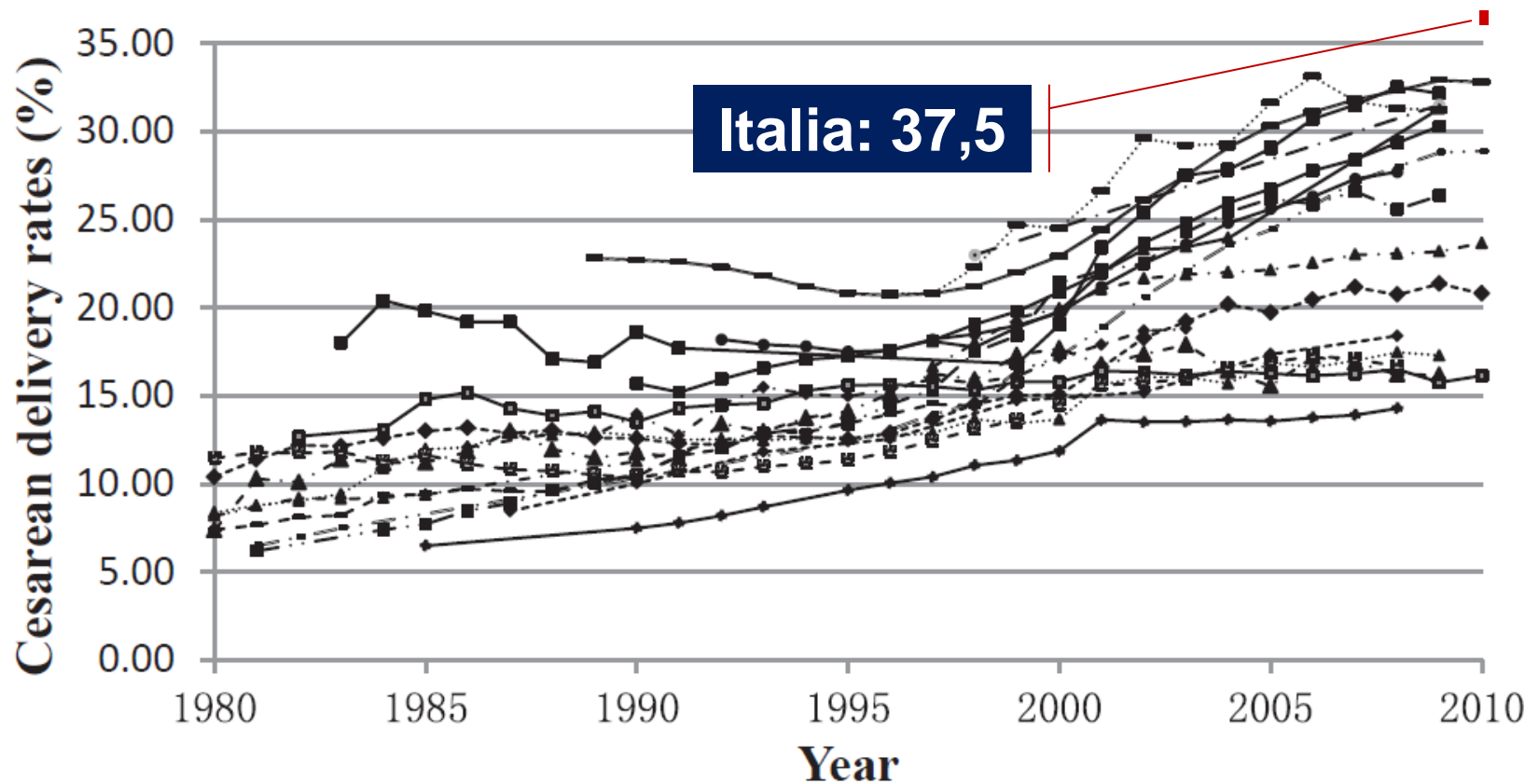
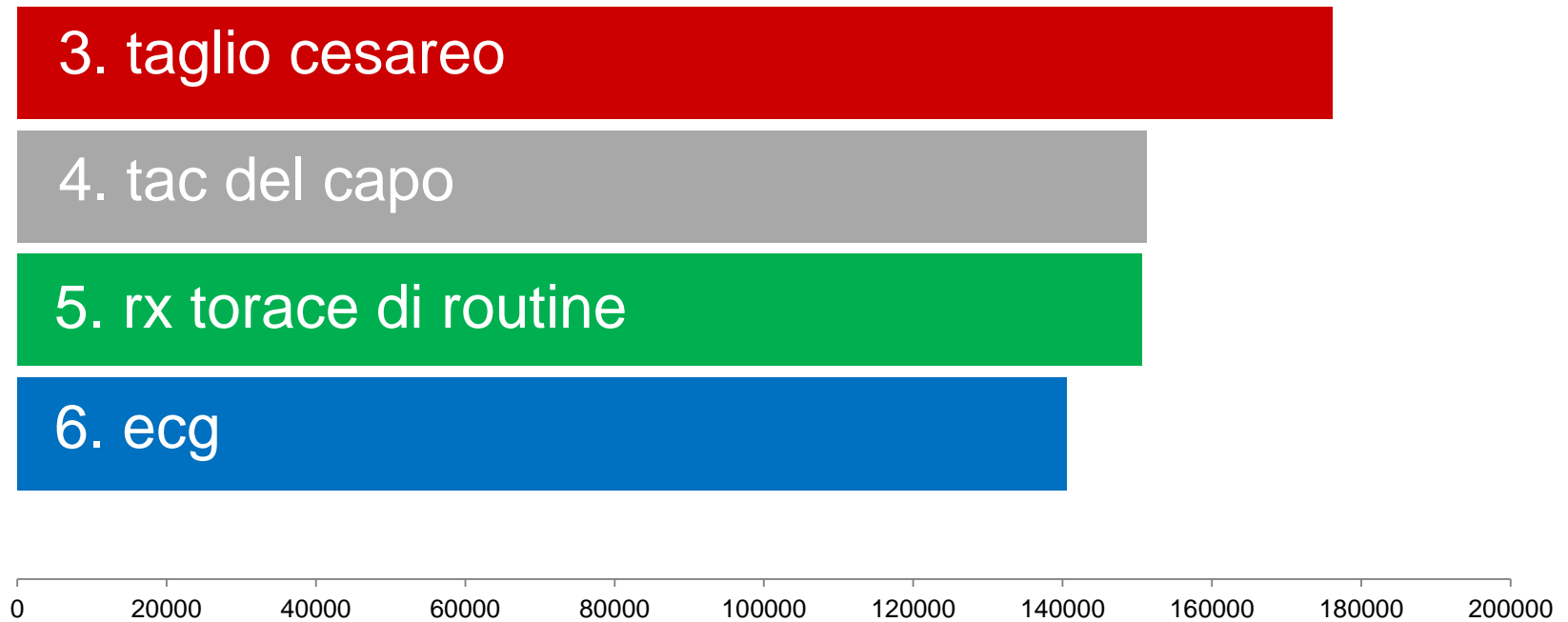
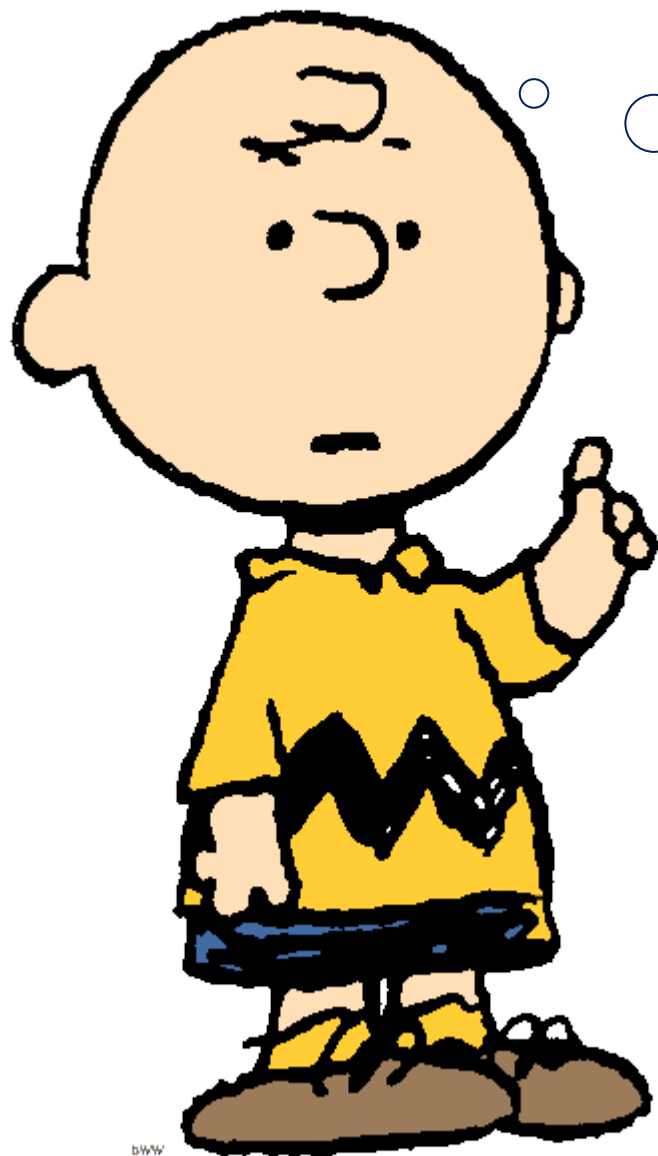


Fig. 1. Cesarean delivery rates in the past 3 decades in high-income countries.

ACC Italia, 2014

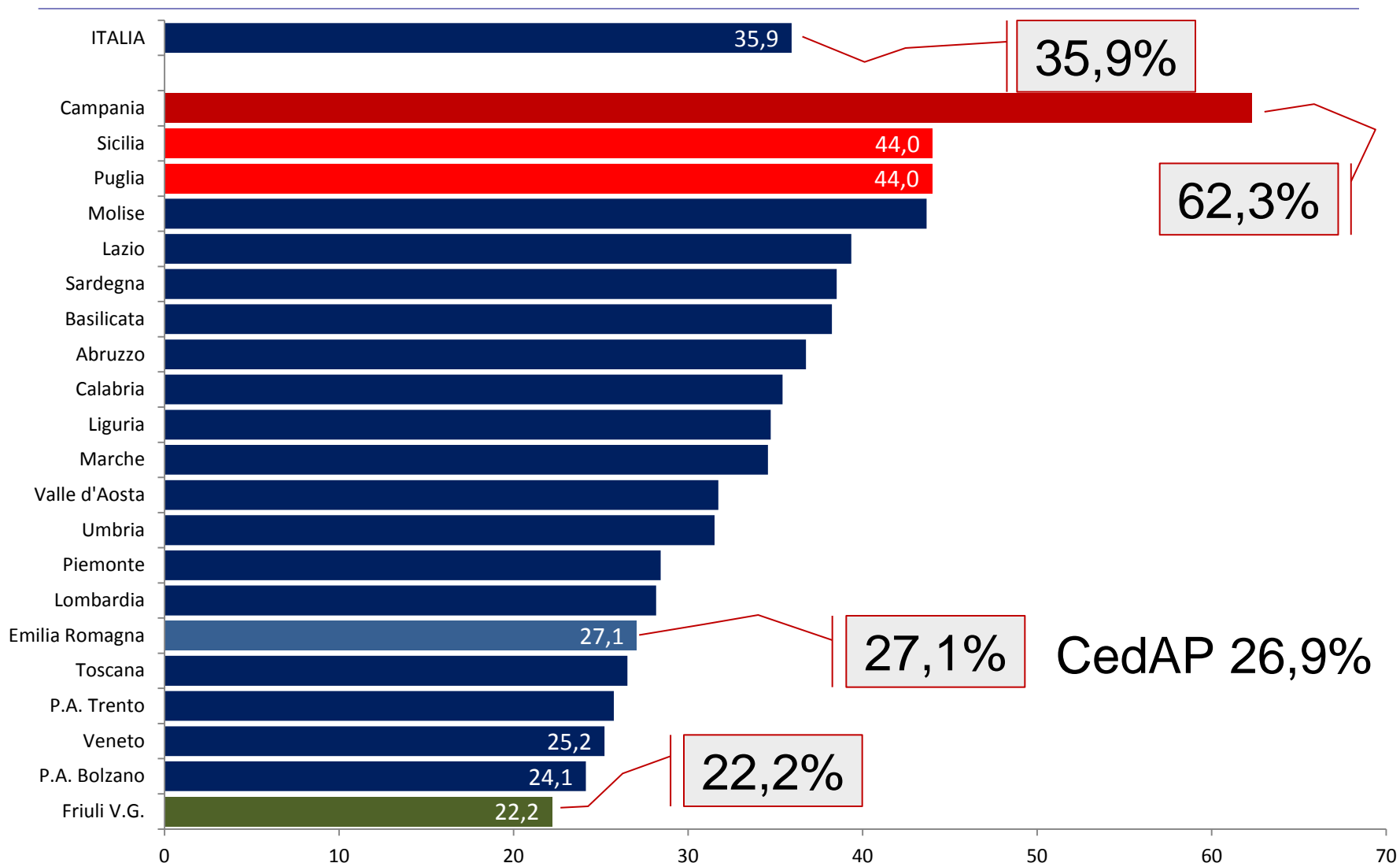


Primi 50 Aggregati clinici di codici (ACC) di intervento per numerosità di dimissioni

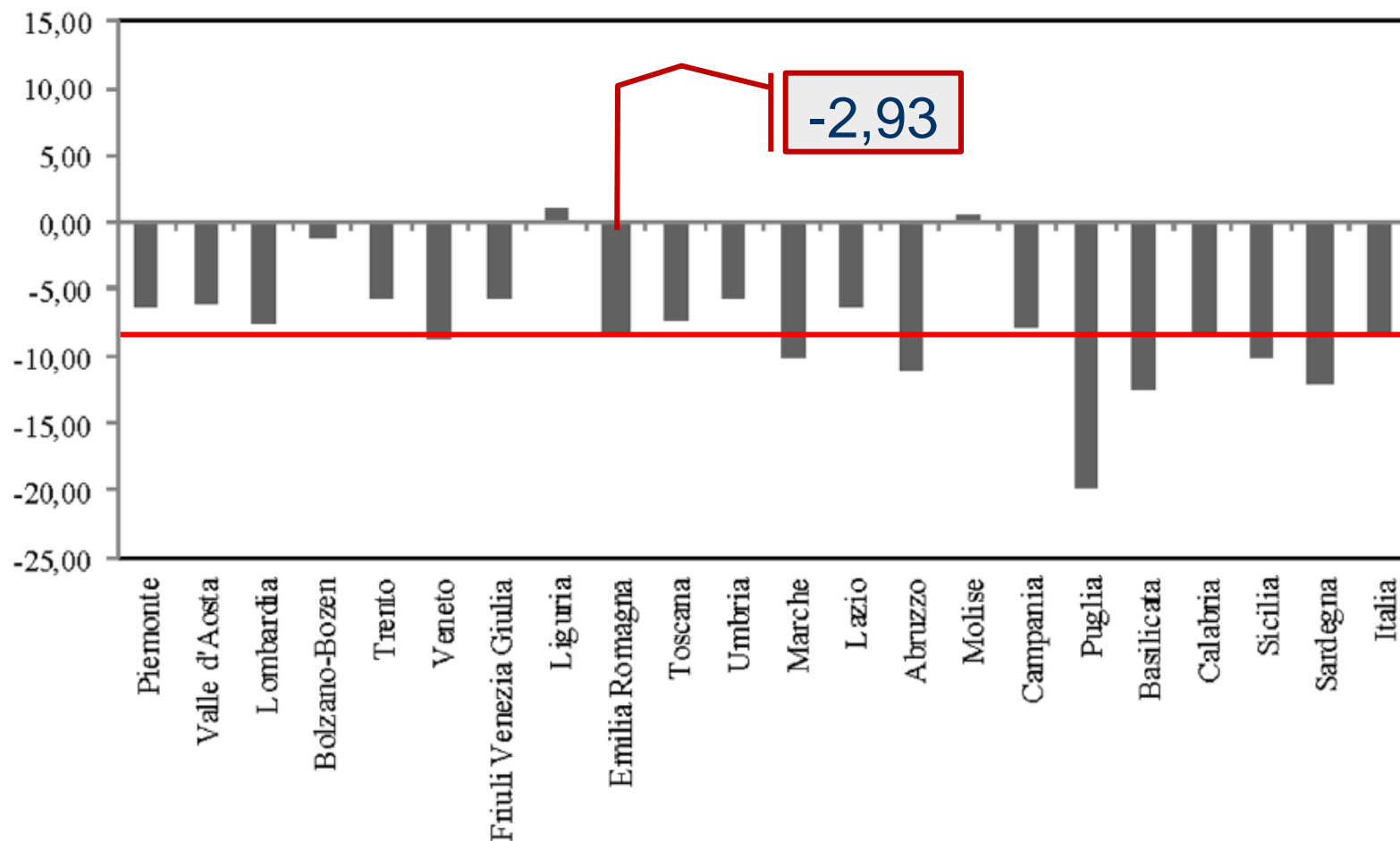


È UN PAESE
DECISAMENTE
SINGOLARE...

Tagli cesarei, Italia 2014



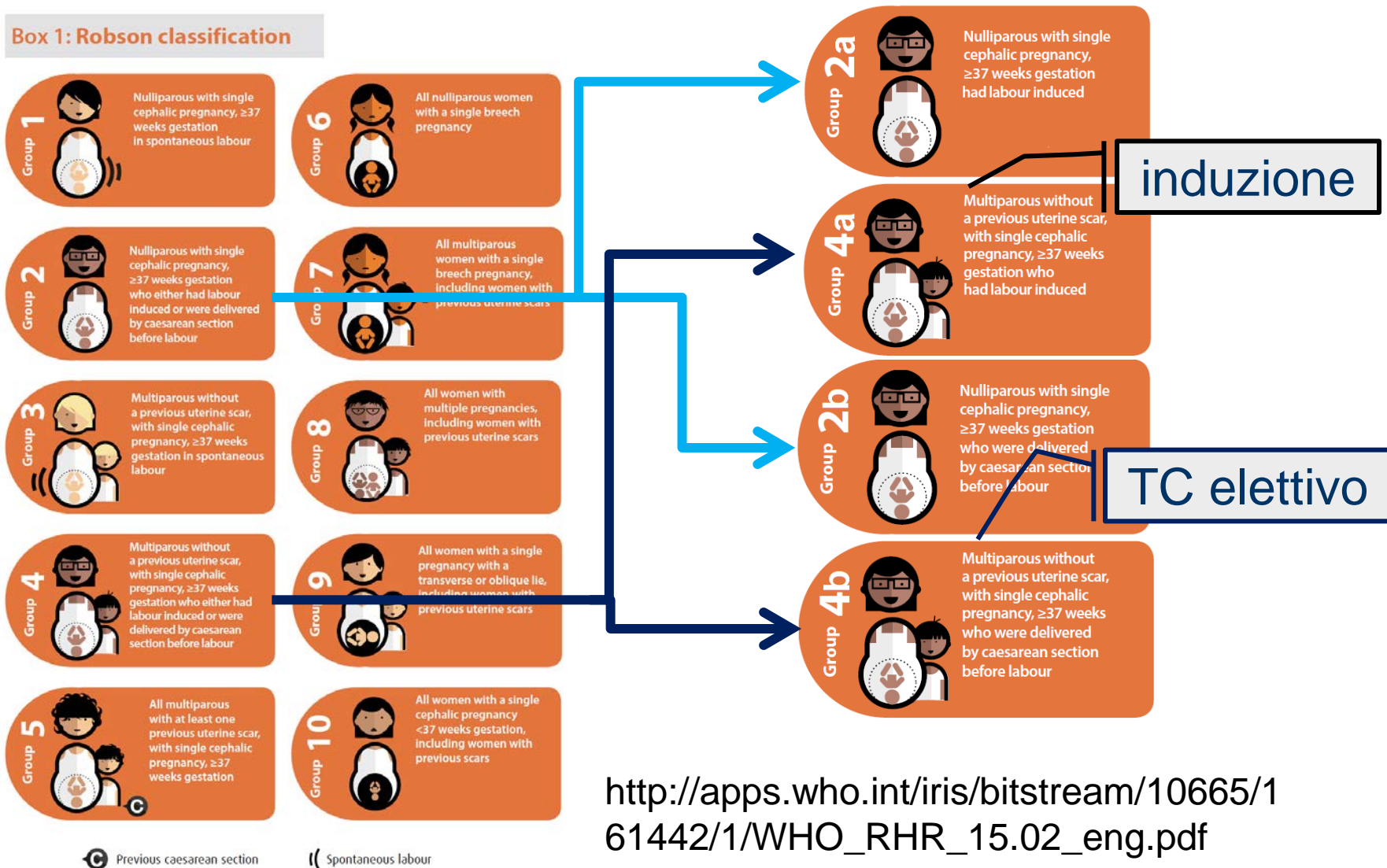
Variazione TC per regione 2011-13



Variazione % tasso (standardizzato per 10.000) di TC per regione 2011-2013

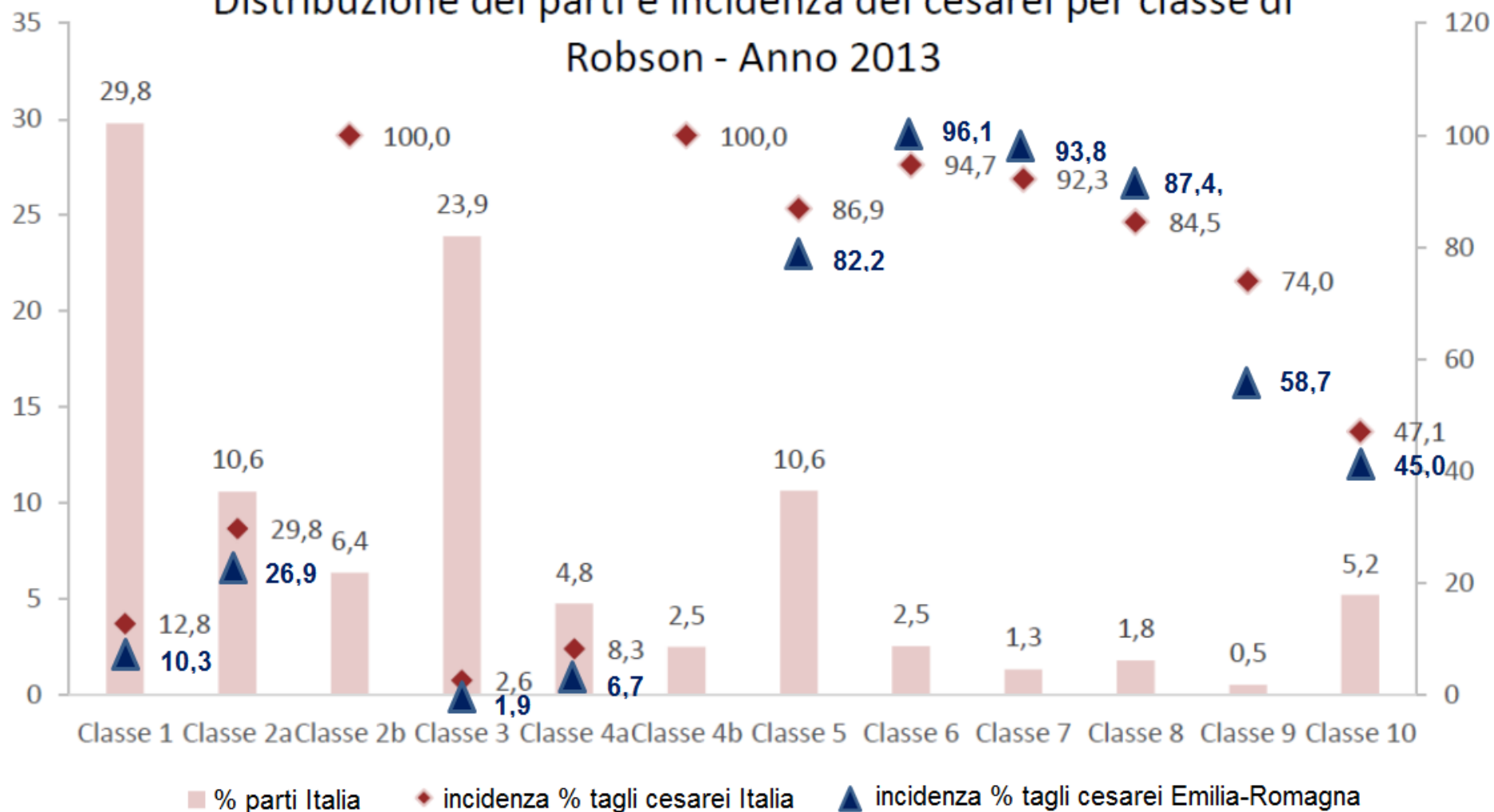
Le 10 classi di Robson

Box 1: Robson classification

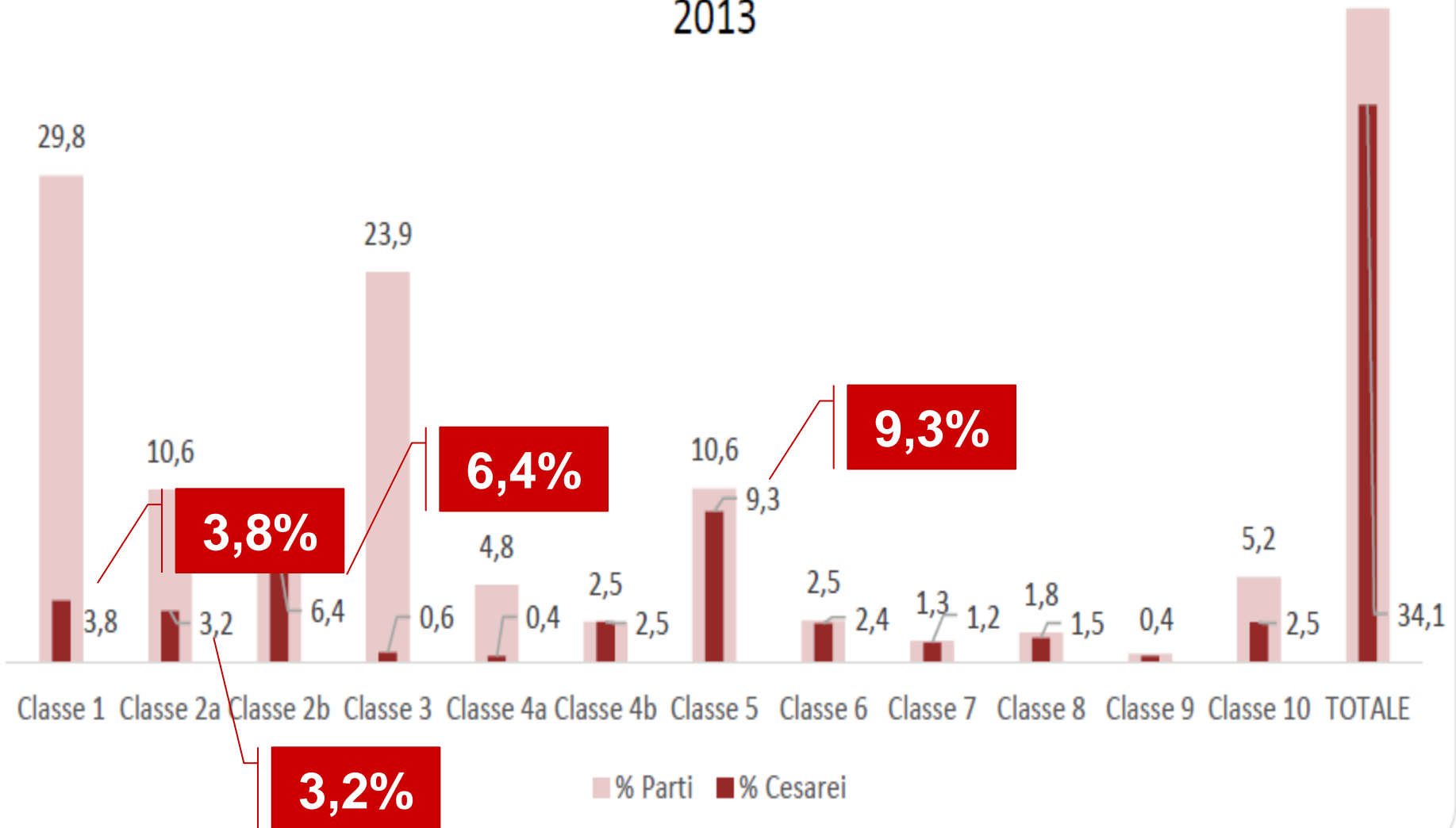


http://apps.who.int/iris/bitstream/10665/161442/1/WHO_RHR_15.02_eng.pdf

Distribuzione dei parti e incidenza dei cesarei per classe di Robson - Anno 2013



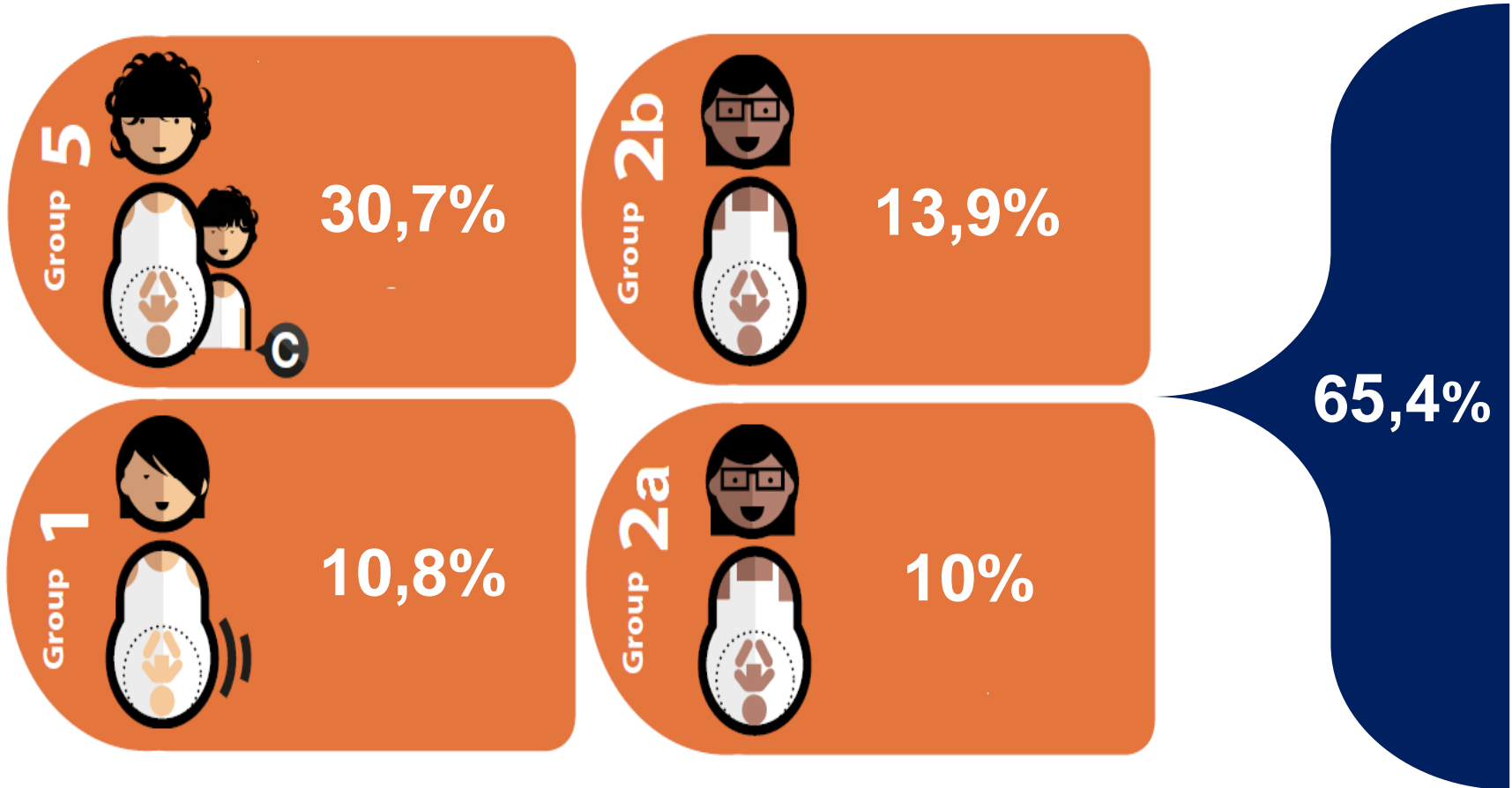
Distribuzione percentuale dei cesarei per classe di Robson - Anno 2013



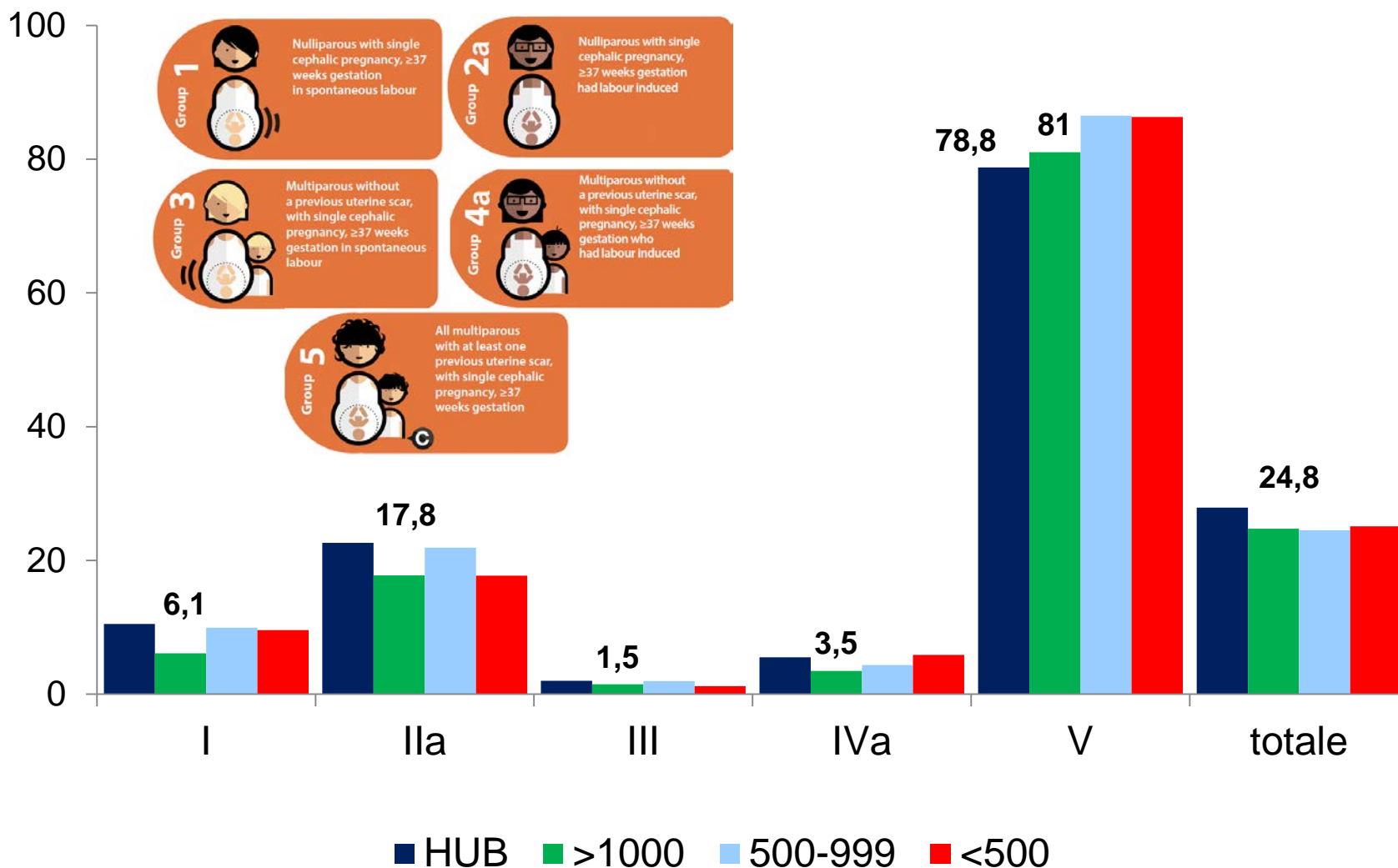
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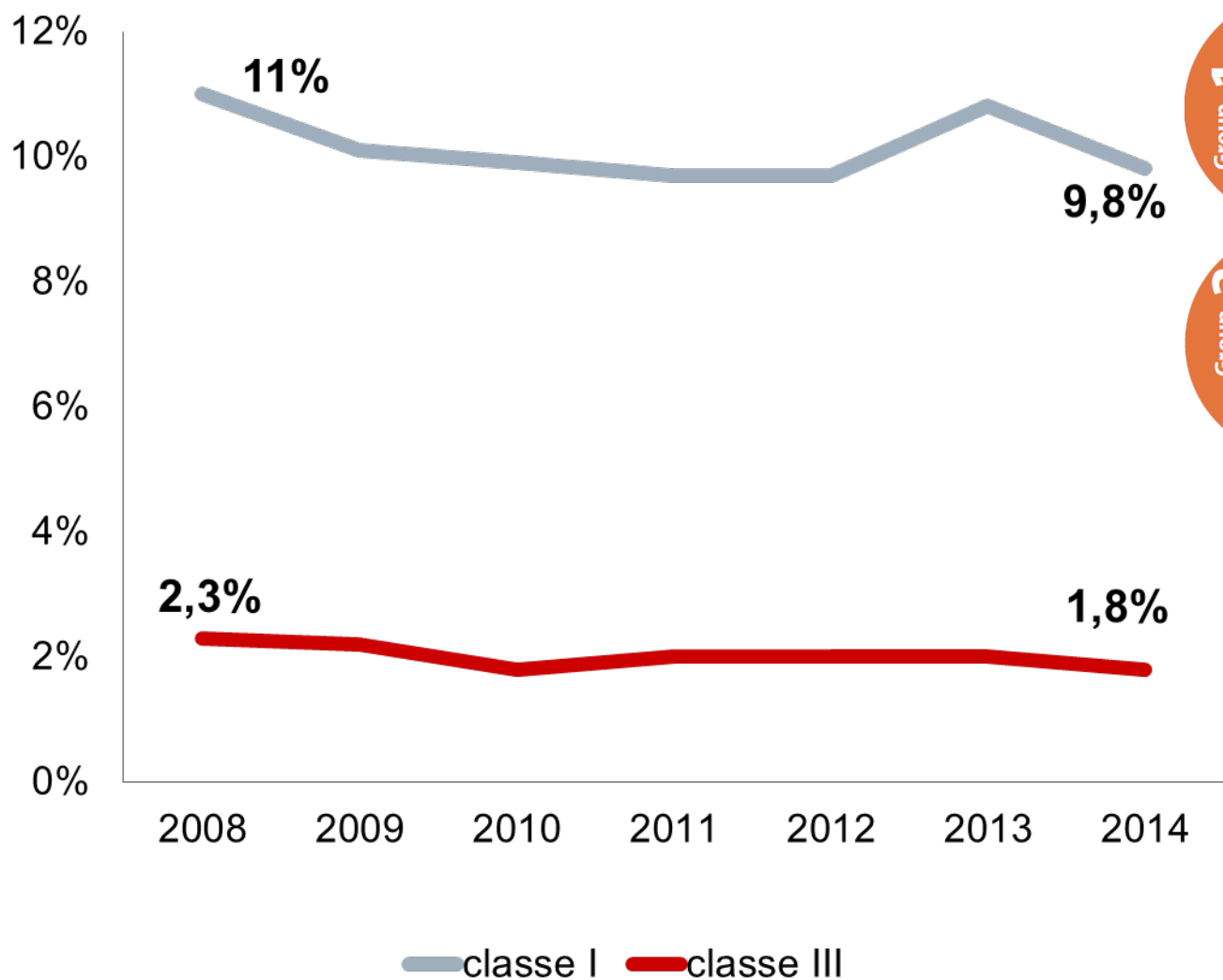
Contributo maggiore ai TC, ER 2014




Tc per Robson e volume H, ER 2014



TC in classe I e III, ER 2008-14




Group 1



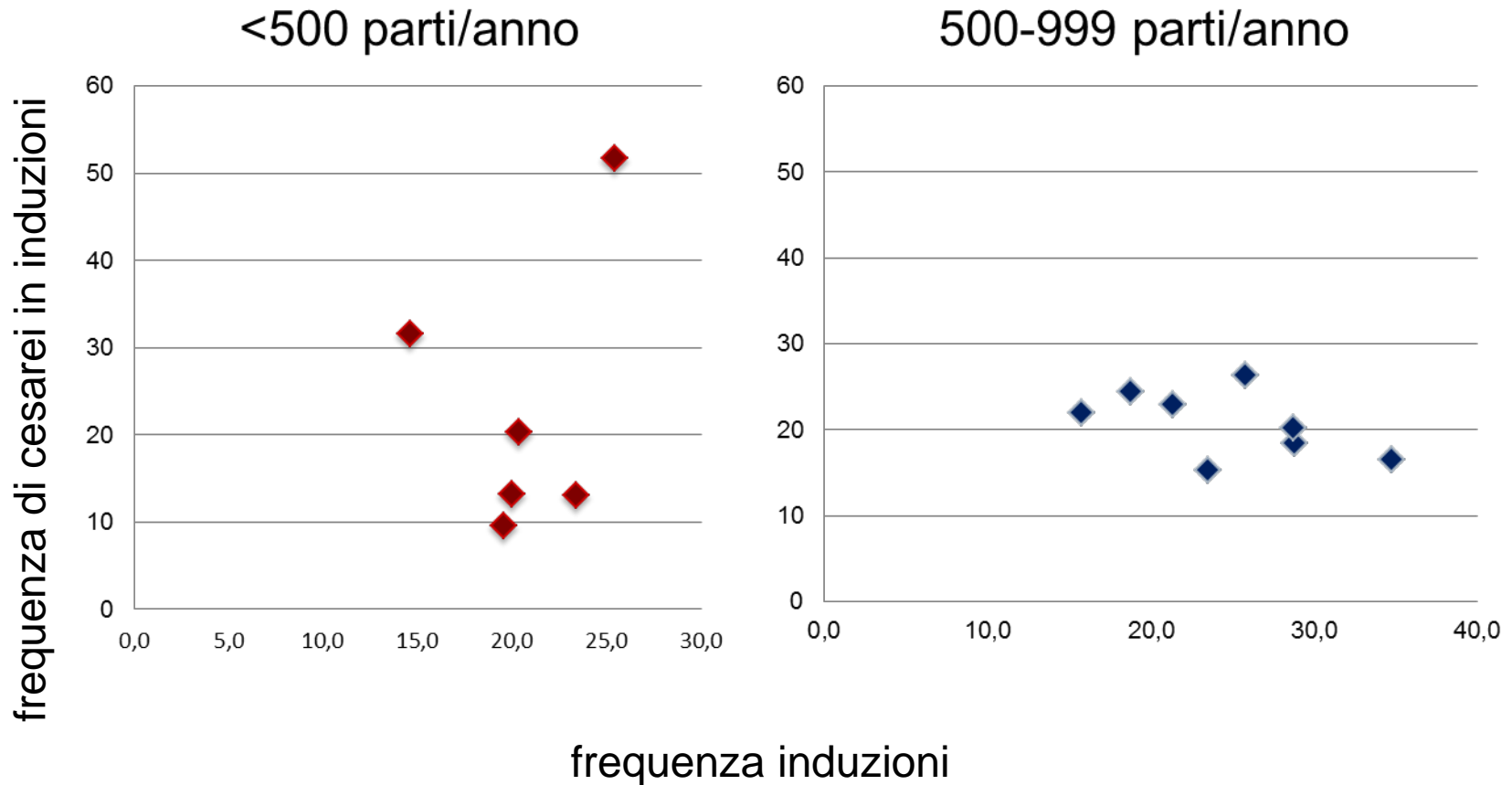
Nulliparous with single cephalic pregnancy, ≥ 37 weeks gestation in spontaneous labour

Group 3



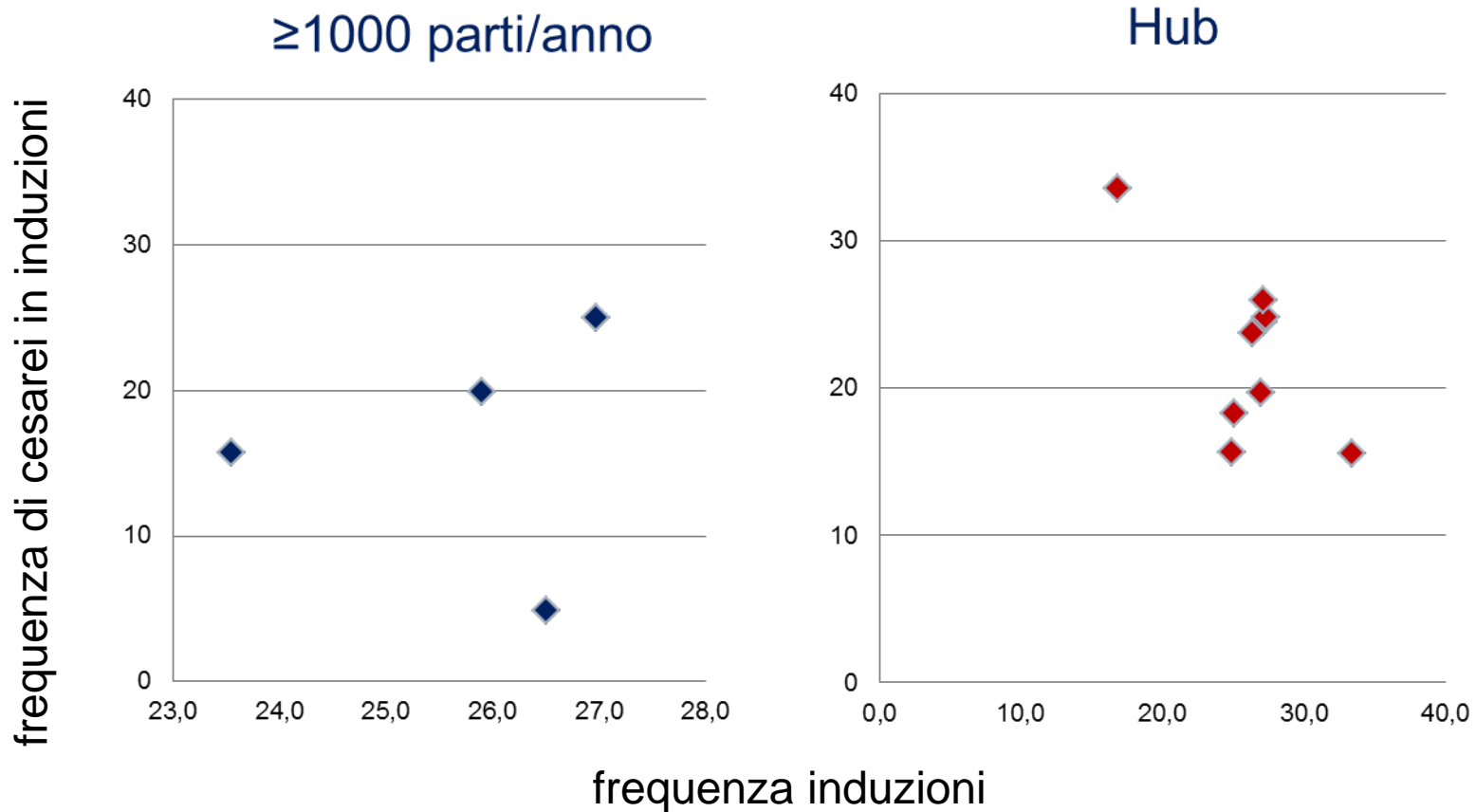
Multiparous without a previous uterine scar, with single cephalic pregnancy, ≥ 37 weeks gestation in spontaneous labour

Induzione <1000 parti, ER 2014



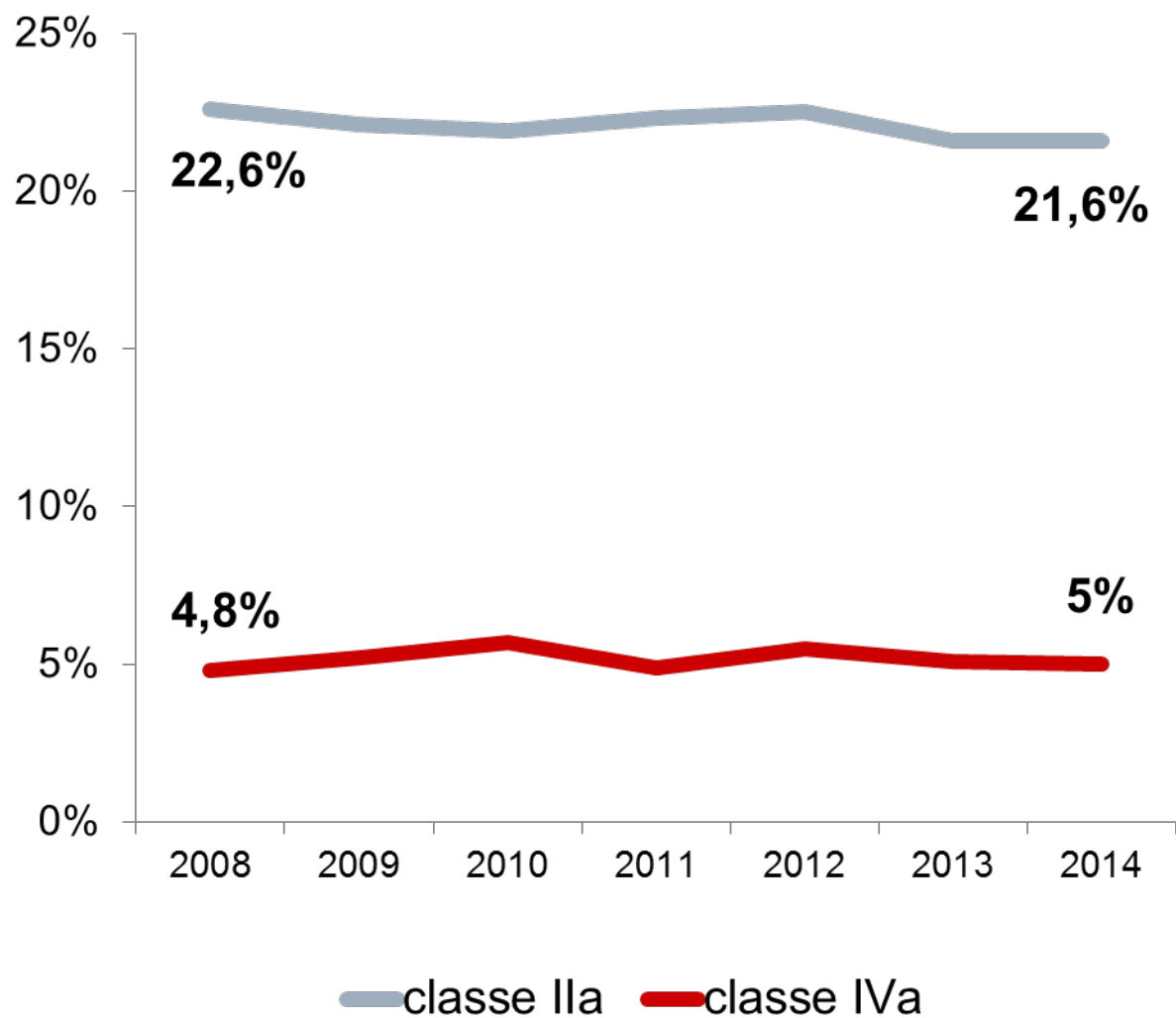
esclusi tagli cesarei fuori travaglio

Induzione ≥ 1000 parti, ER 2014




esclusi tagli cesarei fuori travaglio

TC in classe IIa e IVa, ER 2008-14




Group 2a



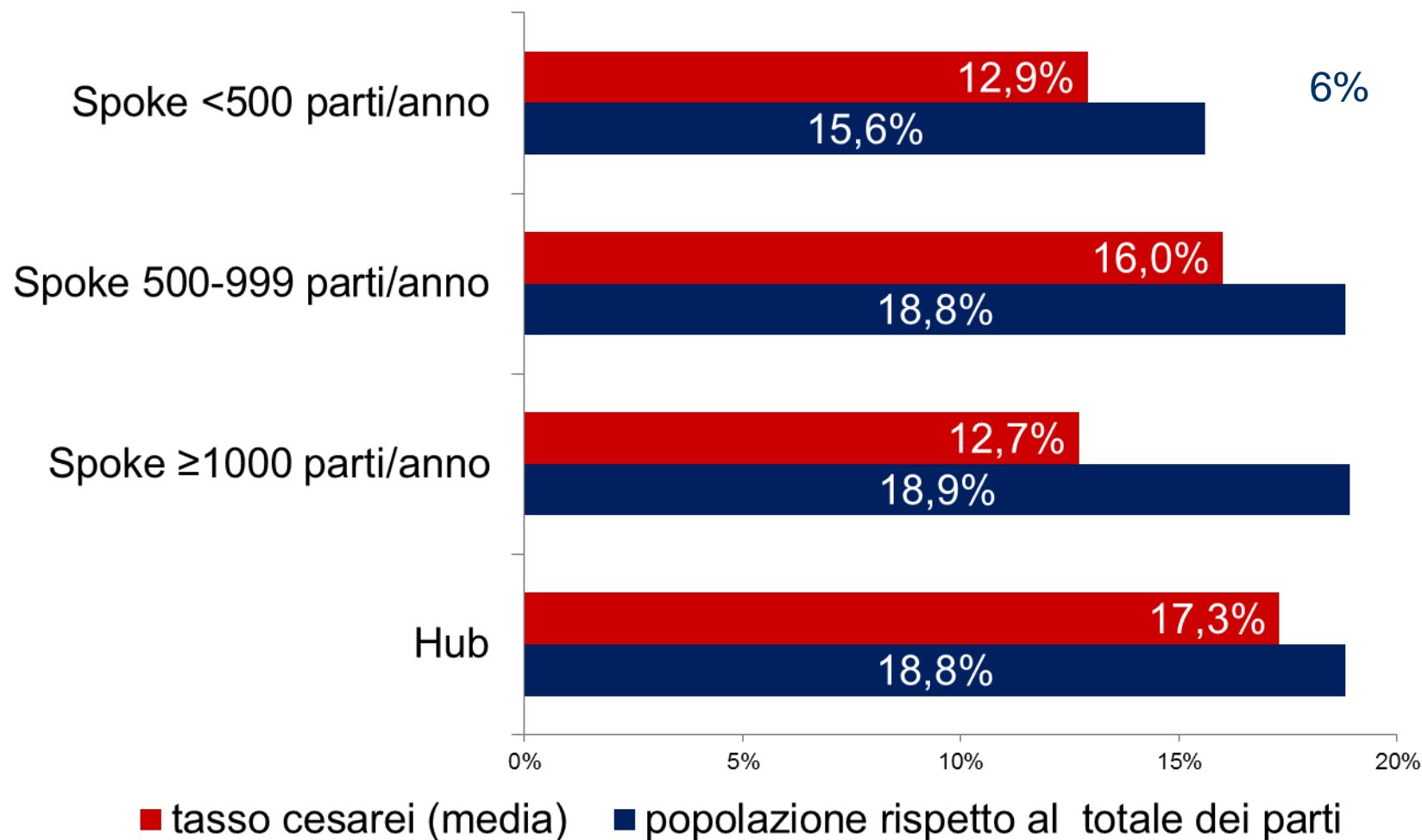
Nulliparous with single cephalic pregnancy, ≥ 37 weeks gestation had labour induced

Group 4a



Multiparous without a previous uterine scar, with single cephalic pregnancy, ≥ 37 weeks gestation who had labour induced

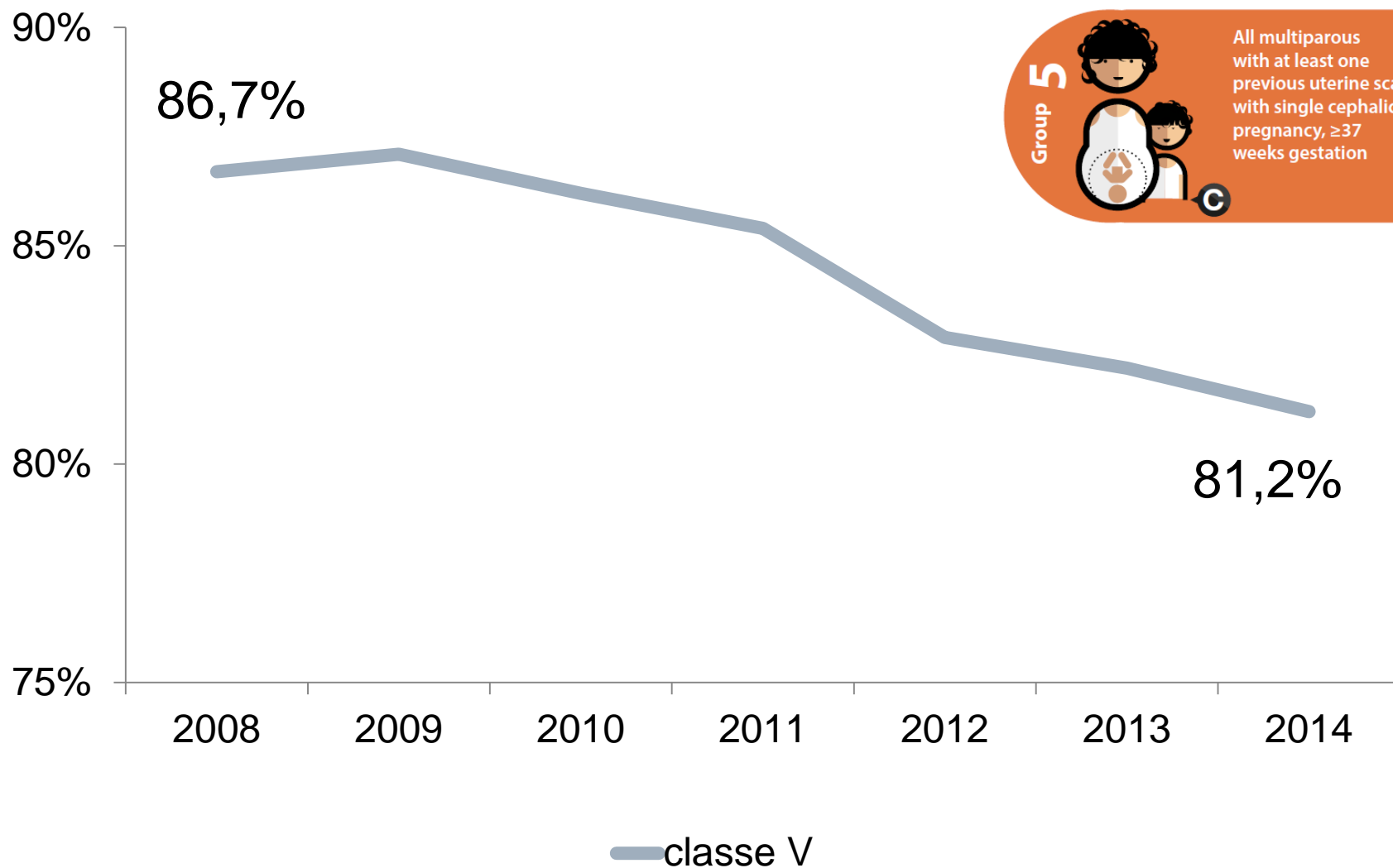
Classi IIa e IVa per dimensione H



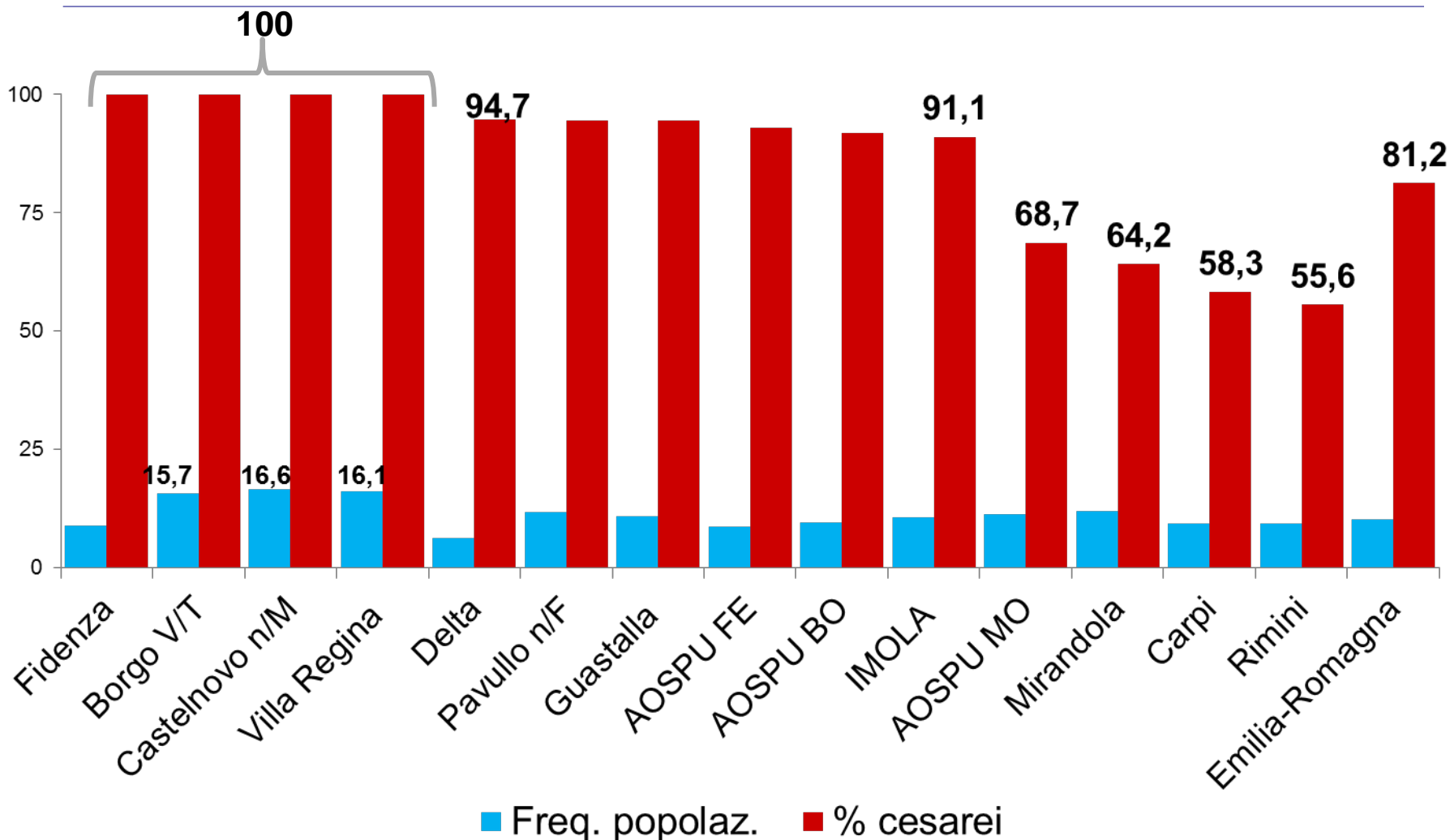
TC in classe V, ER 2014



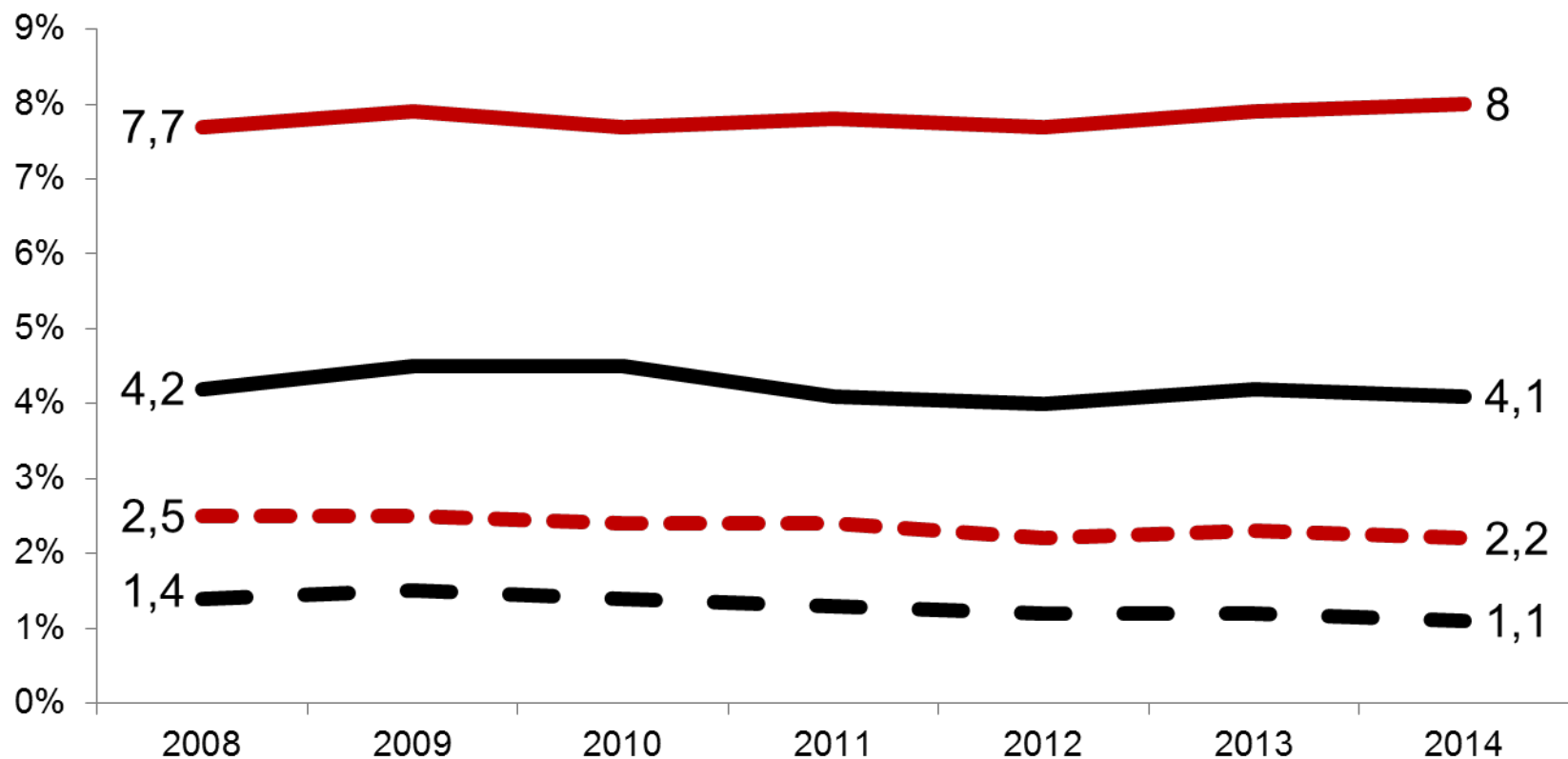
TC in classe V, ER 2008-14



TC in classe V – variabilità fra H

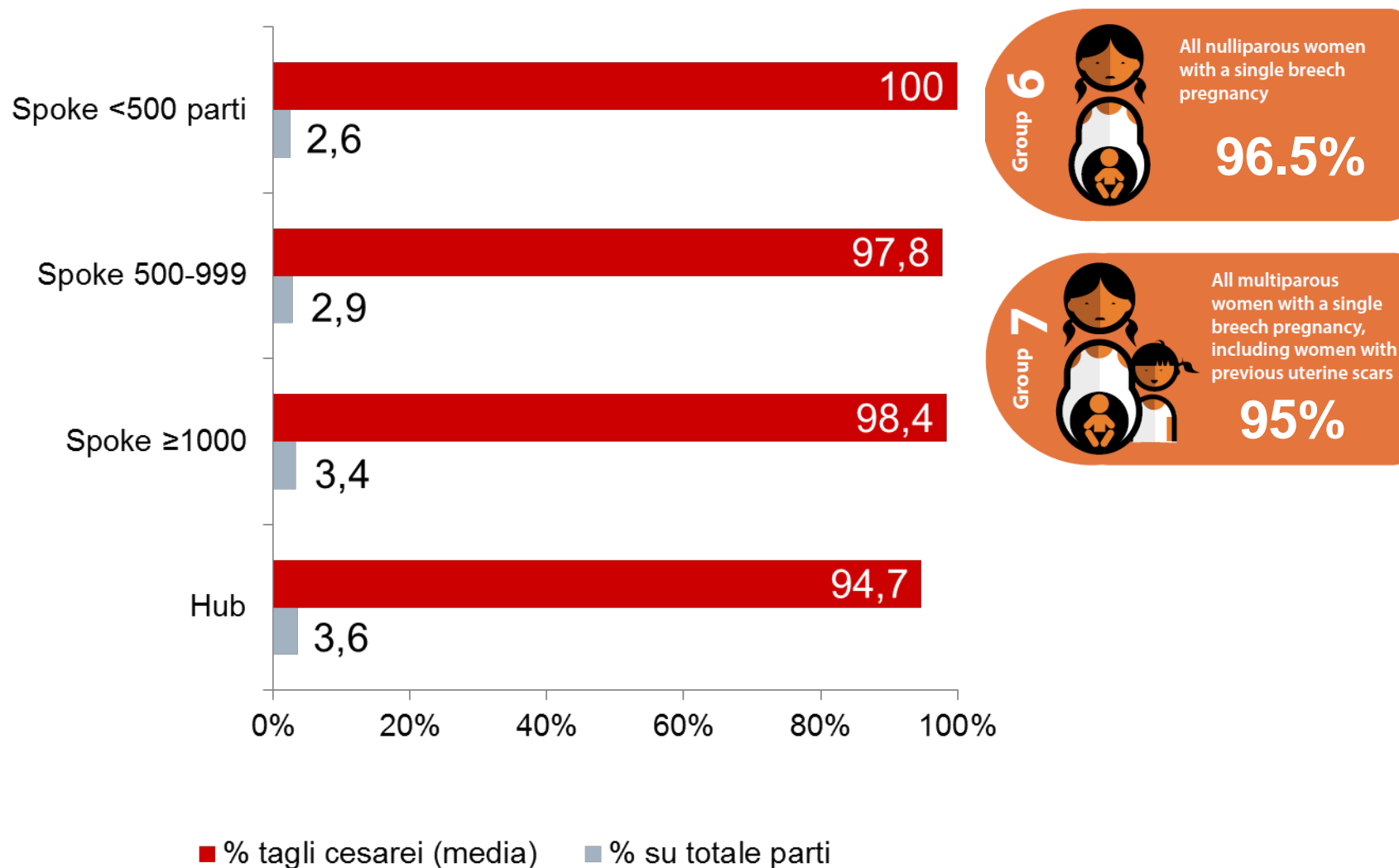


TC in classi VI e VII, ER 2008-14



● nullipare % su totale parti ■ nullipare % su totale TC
● multipare % su totale parti ■ multipare % su totale TC

TC percentuale nelle p. podaliche



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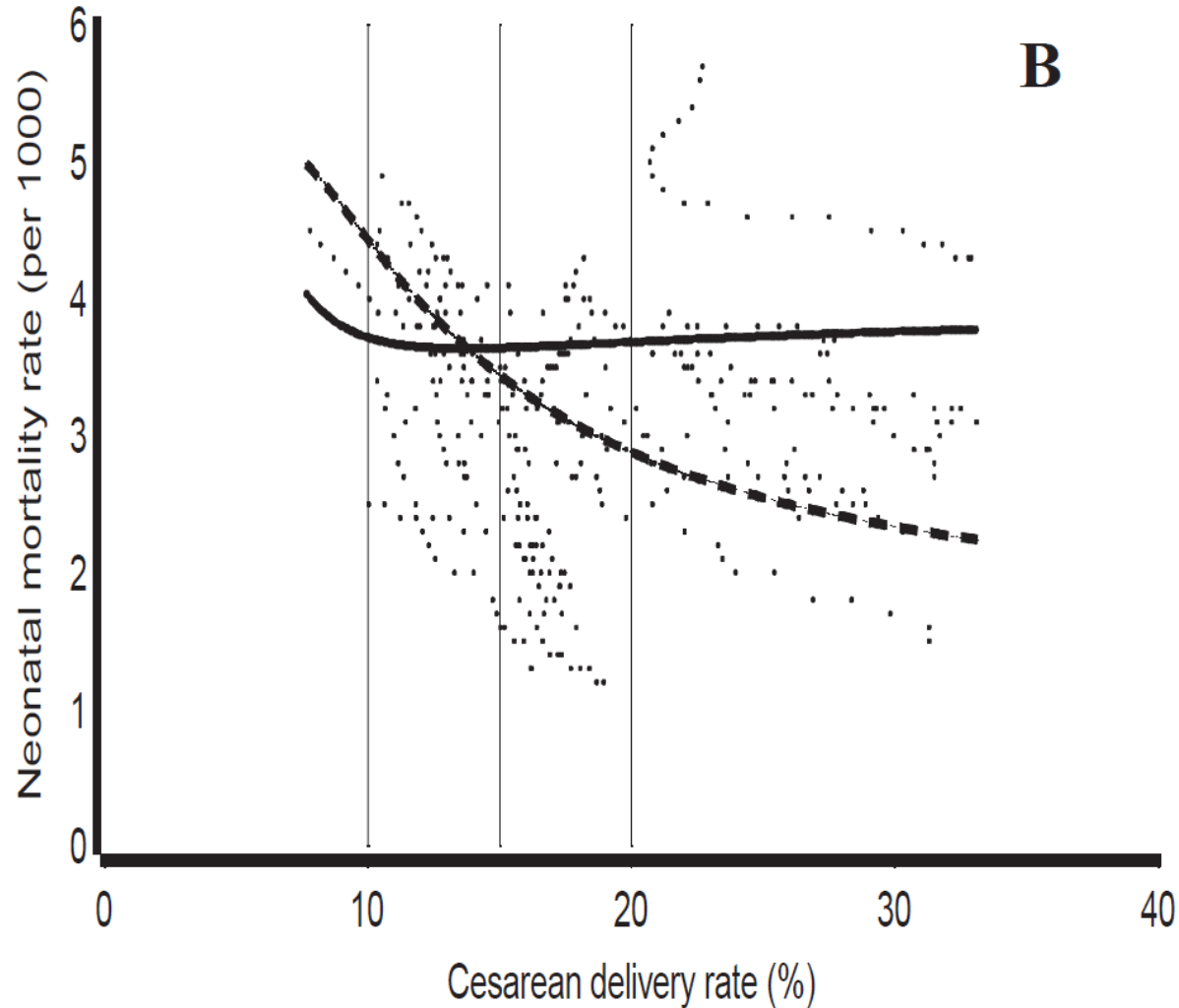
World Health Organisation

APPR

In April, the WHO met in Fortaleza, Brazil, to discuss appropriate technology, social organisation, and birth technology. The WHO has recommended worldwide

Paesi con più bassi tassi di mortalità perinatale nel mondo hanno tassi di TC <10%. Non c'è giustificazione - globalmente - per tassi >10%-15%

TC e mortalità neonatale in 19 paesi



WHO Statement on Caesarean Section Rates

Every effort should be made to provide caesarean sections to women in need, rather than striving to achieve a specific rate

Executive summary

Since 1985, the international healthcare community has considered the ideal rate for caesarean sections to be between 10% and 15%. Since then, caesarean sections have become increasingly common in both developed and developing countries. When medically justified, a caesarean section can effectively prevent maternal and perinatal mortality and morbidity. However, there is no evidence showing the benefits of caesarean delivery for women or infants who do not require the procedure. As with any surgery, caesarean sections are associated with short and long term risk which can extend many years beyond the current delivery and affect the health of the woman, her child, and future pregnancies. These risks are higher in women with limited access to comprehensive obstetric care.

In recent years, governments and clinicians have expressed concern about the rise in the numbers of caesarean section births and the potential negative consequences for maternal and infant health. In addition, the international community has increasingly referenced the need to revisit the 1985 recommended rate.

http://apps.who.int/iris/bitstream/10665/161442/1/WHO_RHR_15.02_eng.pdf

WHO Statement on Caesarean Section Rates

- a livello di popolazione, tassi di TC >10% non sono associati con riduzione di tassi di mortalità materna e neonatale
- effetti dei tassi di TC su altri esiti (morbosità materna e perinatale, esiti pediatrici, benessere psicosociale, a lungo termine) sono ancora poco chiari

http://apps.who.int/iris/bitstream/10665/161442/1/WHO_RHR_15.02_eng.pdf

Rischi di esiti avversi

Table 1. Risk of Adverse Maternal and Neonatal Outcomes by Mode of Delivery ←

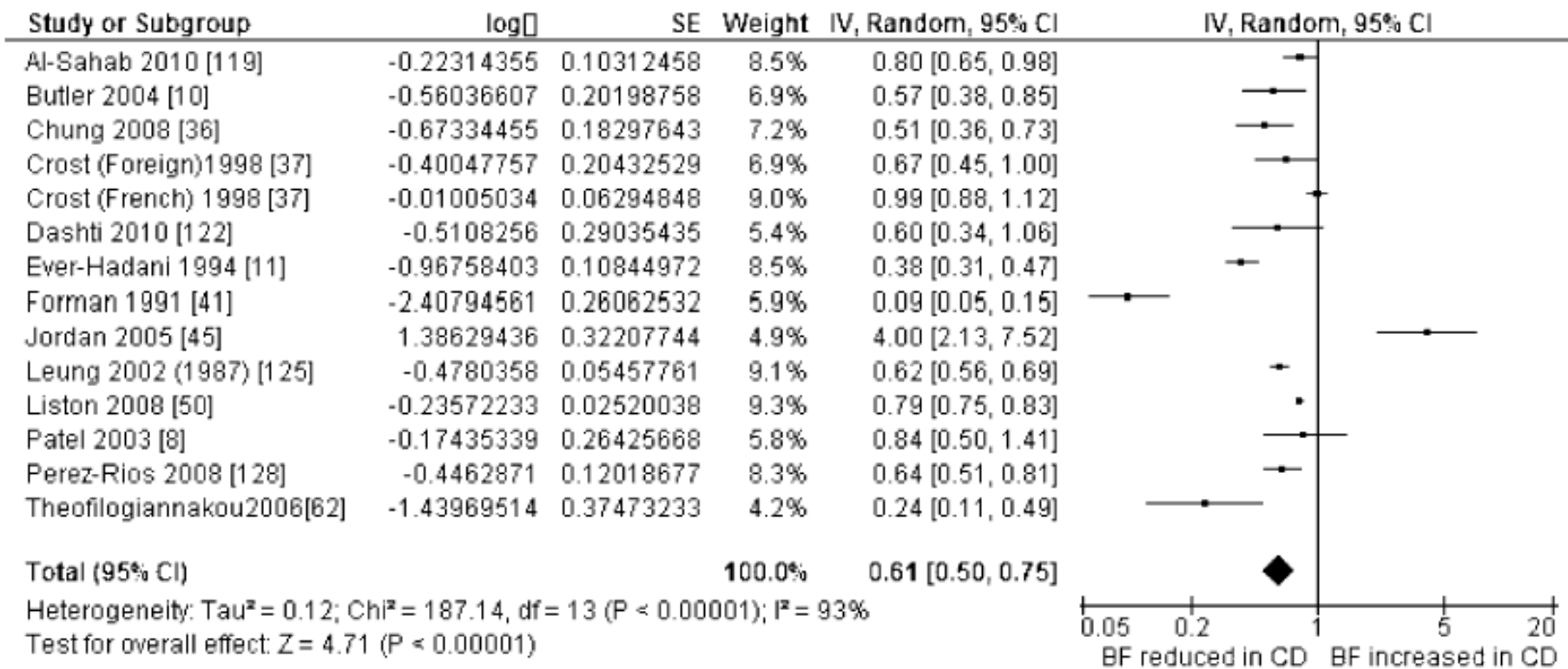
Outcome	Risk	
	Vaginal Delivery	Cesarean Delivery
<i>Maternal</i>		
Overall severe morbidity and mortality*†	8.6%	9.2%*
	0.9%	2.7%†
Maternal mortality‡	3.6:100,000	13.3:100,000
Amniotic fluid embolism§	3.3–7.7:100,000	15.8:100,000
Third-degree or fourth-degree perineal laceration	1.0–3.0%	NA (scheduled delivery)
Placental abnormalities¶	Increased with prior cesarean delivery versus vaginal delivery, and risk continues to increase with each subsequent cesarean delivery.	
Urinary incontinence#	No difference between cesarean delivery and vaginal delivery at 2 years.	
Postpartum depression	No difference between cesarean delivery and vaginal delivery.	
<i>Neonatal</i>		
Laceration**	NA	1.0–2.0%
Respiratory morbidity**	< 1.0%	1.0–4.0% (without labor)
Shoulder dystocia	1.0–2.0%	0%

Mortalità materna, Italia

6 Regioni 20013-15: n = 39
MMR = 7,7/100.000 nati vivi

<i>modalità del parto</i>	<i>RR (IC 95%)</i>
TC vs parto vaginale 5 Regioni 2006-12	4,15 (2,60-6,63)
TC vs parto vaginale ER 2001-07	4,7 (1,8-12,5)

Allattamento al seno dopo TC



OR_a: 0.61 (0.50, 0.75)